

CBTC NEWSLETTER

Official Publication of the Coastal Bicycle Touring Club, Savannah GA

www.cbtc.org

2023 Board of Directors

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Member at Large: Roy Reynolds
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Member at Large: Eric Holmes
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Ride Director:
Kim Turner
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2023 Committee Chairs

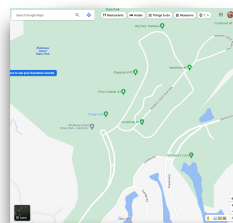
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Club picnic

The club's annual picnic (after a Saturday ride) will be held on Saturday, 17 June, at Skidaway Island State Park. To get there, turn left at the first stoplight on the island, go through the entrance to Skidaway Island State Park, and turn right at the end of the road. Go about 1/4 mile, and park on the left at the pavilion next to the bathrooms/showers at Playground #2.

<https://www.google.com/maps/@31.9524534,-81.0537128,17z?entry=ttu>



June Ride Schedule

Ride leaders for each category will be assigned. Ride director: Kim Turner
kimbooskie@gmail.com

Helmets are required on all rides. Rear view mirrors are highly encouraged. Please arrive at least fifteen minutes before scheduled roll-out. Guest riders must sign the club waiver prior to roll-out. Club members acknowledged the waiver when they joined or renewed membership in the club. Enjoy the rides and the company. And if you have an idea about a new ride, contact Kim and she'll work to make it happen.

Date/Ride	Mileage	Directions	Ride Leader
Friday, 2 June, 10am, Easy Slow ride	~14	Meet/park at the Lake Mayer Pavilion, corner of Montgomery Cross and Sallie Mood. Easy pace along trails and roads. For those starting or getting back into the cycling business.	Roy Reynolds, 870-310-9868, royreynolds59@hotmail.com
Saturday, 3 June, 8am, Rincon ride	26/42	Meet/park at Macomber Park, 1103 Lexington Avenue, Rincon. Out-and-back routes over back country roads with little-to-no traffic. Post ride eats and treats at El Real Mexican restaurant, 105 Wisenbaker Road, Rincon.	Geoff Carson, 912-257-9529, gvcarson@protonmail.ch
Friday, 10 June, 8:30am, Hardeeville ride	23/34/42	Meet/park at the boat ramp at 55 Millstone Road, Hardeeville. Out-and-back routes on back country roads. Sometimes the group stops at Mellow Mushroom, 11 West Liberty, Savannah, for post ride eats and treats.	Rich Wharff, 410-908-1680, r02581@icloud.com
Saturday, 17 June, 8:30am, Skidaway Island ride	28/34	Meet/park in Skidaway Island State Park, at Playground #2 (TR after entering the park, go about 1/4 mile, on the right, adjacent to the bathrooms/shower building). We will ride the normal Skidaway Island ride, then return to the park and have the club's annual summer picnic.	Deb Wharff, 410-905-1690, deborahwharff@icloud.com

Date/Ride	Mileage	Directions	Ride Leader
Saturday, 24 June, 8:30am, New Ridgeland (SC) ride	25/48	Journey north on I-95 to exit 21, then RL on SC 336, then immediate TR on Blue Heron to park at Blue Heron Nature park. Out-and-back routes on back country roads. This is a new route that has been ridden, so download the cue sheets on the club's web site.	Kim Turner, 214-725-2490, kimbooskie@gmail.com

Greg LeMond - one of the all-time best

The heroic true story of American cyclist Greg LeMond, considered to be one of the greatest cyclists of all time, who defied the odds for one of the most triumphant comeback stories in sporting history. The first, and only, (editorial note: Except for American to win the Tour de France, LeMond came back from the brink of death to beat his famed rivals in the historic and nail-biting race at the 1989 Tour de France.

Directed by Alex Holmes and featuring exclusive interviews with LeMond and his wife Kathy as well as, never before seen footage, *The Last Rider* is an exhilarating portrait of one of the greatest athletes of our time.

Synopsis

1986: Greg LeMond stands on top of the podium in front of the Champs Elysees as the first ever American winner of the Tour de France. He had realized his lifelong dream, but it had been a hard-won victory. No one knew at the time about the betrayal by his mentor, Bernard Hinault, and his team, the haunting memories of his childhood trauma, and the toll this victory would take.



For LeMond, what should have been a moment of triumph was the start of a slide into deep depression. And in a bizarre twist of fate months after his Tour victory, LeMond was shot by his brother-in-law in a horrific hunting accident. Having lost half his blood volume and with shotgun pellets embedded in almost every major organ, LeMond's life was hanging by a thread.

However, that is not where the story ends. With the unwavering support of his wife Kathy, coupled with LeMond's courage and resilience to finish his cycling career on his own terms, he came back from the precipice of death to reclaim his dream, as wildcard pick in 1989, racing against two-time French winner, the arrogant Laurent Fignon, and the charismatic year's favorite, Spanish rider Pedro Delgado.

What transpired over the next three weeks turns out to be the most ferocious, the most exciting and the most dramatic finish not only in cycling but in the history of competitive sports.

Easy pace ride - First Friday

Roy Reynolds will lead an easy pace ride the first Friday in the month, starting in March, and continuing until June. Turn-out participation will dictate further scheduling. For the month of June, the ride will take place on Friday, 2 June.

The ride will start at 10am, at the Lake Mayer Pavilion, and travel onto the Truman Linear Trail and some very lightly traveled streets. Pace will be dictated by the turn-out, but there will be no drops and everyone will stay together.

Our thanks to Roy for arranging these rides, which were mentioned in feedback garnered during the club's latest survey (i.e., a desire for easy pace rides of medium distances).

Fuller Center Bicycle Adventure

A pair of Fuller Center Bicycle Adventure journeys covering a cumulative 5,400 miles each launched on Saturday, May 27, as they take different paths to raising funds and awareness for The Fuller Center for Housing's work of helping families have simple, decent places to live.

The 10-week, 3,919-mile [Cross-Country ride](#) will begin on Saturday as riders dip their back tires into the Pacific Ocean off the coast of La Jolla, Calif., before pedaling 36 miles to Ramona, Calif. They will average riding 76 miles per day on the way to completing their journey August 5 in Wilmington, N.C. Along the way, they will practice what they preach by hopping off their bikes for nine different build days with Fuller Center covenant partners across the nation.

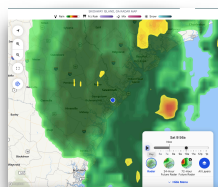


The four-week, 1,478-mile **East Coast ride** begins Saturday on the other side of the United States as riders dip their back tires into the Atlantic Ocean off **Tybee Island, Georgia, before pedaling 20 miles into historic Savannah.** They will average 64 miles of riding per day and will participate in five different build days with Fuller Center covenant partners before concluding their journey on June 25 in Portland, Maine.



Since the first ride in 2008, the Fuller Center Bicycle Adventure has raised more than \$4 million for the fight against poverty housing. More than 1,600 riders have participated, pedaling more than 1.5 million cumulative miles through the years.

The East Coast ride is divided into four segments. Participants ride one or all segments. The first segment starts at the Tybee Island lighthouse, with day one a slow roll 20 mile ride into downtown Savannah.



Editorial note: Saturday, 27 May, when the group is scheduled to dip their back tires in the Atlantic off Tybee Island, was one of the worst weather event days of 2023. The club's planned Ridgeland ride was cancelled, and luckily, segment one riders need ride only 20 miles in the steady rain, high winds and riptide conditions of Saturday, 27 May.

* Segment 1: Tybee Island, GA to Wilmington, NC (May 26 - June 4)

Day	Date	Depart	Arrive	Mileage
Friday	26-May	Tybee, GA	Tybee, GA	
Saturday	27-May	Tybee, GA	Savannah, GA	20
Sunday	28-May	Savannah, GA	Okatie, SC	37
Monday	29-May	Okatie, SC	Walterboro, SC	59
Tuesday	30-May	Walterboro, SC	Walterboro, SC	Build
Wednesday	31-May	Walterboro, SC	Charleston, SC	62
Thursday	1-June	Charleston, SC	Georgetown, SC	80
Friday	2-June	Georgetown, SC	Sunset Beach, NC	76
Saturday	3-June	Sunset Beach, NC	Wilmington, NC	67
Sunday	4-June	Wilmington, NC	Wilmington, NC	Off
			Total	400
			Avg	57

Club Elections - 2023

As outlined in last month's CBTC newsletter, the club election cycle ended on 15 June. You may recall that members could nominate individuals for the elected members of the club's Board of Directors.

Results of the election cycle will be announced at the club's annual picnic on 17 June. For those club members who are unable to attend the picnic, the results will be disseminated via e-mail.

Fair winds and following seas

The phrase "Fair winds and following seas" is an traditional U.S. Navy nautical phrase of good luck - a blessing as it were - as a person, group or thing is said to depart on a voyage in life. It is often used in a "beginning", as in the christening of a ship, as well as in retirement, change of command or farewell ceremony.

In this case, it's used not by a former Navy person but as a former United States Air Force person bids farewell to the readership of the Coastal Bicycle Touring Club's newsletter. After five and a half years producing the newsletter, this will be this editor's final copy. Similarly, maintaining the club's website has been a parallel endeavor and will also be ending soon. All of this under the club's "Communications/Marketing" mantra.

As outlined in the short piece above concerning the club's 2023 elections, members will learn about future editions of the newsletter and about the website at the June 17 general membership meeting.

I leave you with the hope that both the newsletters and website provided some useful information, perhaps a smile or two, and, as expressed during the COVID pandemic, as sense of community. Because at the end of the day, CBTC is a community. Perhaps not the largest community in existence, but nevertheless a community that has endured for decades.

Fair winds and following seas

Rich Wharff



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If you're in need of bikes, bike equipment or repairs, visit any of these shops and receive 10% discount on parts and accessories, by mentioning you are a CBTC member.

