

CBTC NEWSLETTER

Official Publication of the Coastal Bicycle Touring Club, Savannah GA

www.cbtc.org

2023 Board of Directors

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Treasurer: Christine Drillsam
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Member at Large: Roy Reynolds
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Ride Director:
Kim Turner
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Club Elections

Heads up! The club's election for the next Board of Directors will be announced in May and conducted in June. All of the Board positions (which are listed to the left) are up for grabs. Kim Turner will function as the election officer, who will inform members of the process, dates and other information related to the election, to include the nomination process. So stay tuned and turn out to vote. It's your club. Check out the details on page 6 & 7.

May Ride Schedule

Ride leaders for each category will be assigned. Ride director: Kim Turner
kimbooskie@gmail.com

Helmets are required on all rides. Rear view mirrors are highly encouraged. Please arrive at least fifteen minutes before scheduled roll-out. Guest riders must sign the club waiver prior to roll-out. Club members acknowledged the waiver when they joined or renewed membership in the club. Enjoy the rides and the company. And if you have an idea about a new ride, contact Kim and she'll work to make it happen.

Date/Ride	Mileage	Directions	Ride Leader
Friday, Cinco de Mayo, 10am, Easy Slow ride	~14	Meet/park at the Lake Mayer Pavilion, corner of Montgomery Cross and Sallie Mood. Easy pace along trails and roads. For those starting or getting back into the cycling business.	Roy Reynolds, 870-310-9868, royreynolds59@hotmail.com
Saturday, 6 May, 8am, Kilkenny ride	26/42	Take GA Highway 17 or I-95 south to Richmond Hill, meet/park just outside the entrance to Fort McAllister, and the very end of GA 144 Spur. Out-and-back routes with a rest stop at Kilkenny marina. Post ride eats and treats at Fish Tails.	John Arney, 912-660-4088, johnaarney@gmail.com
Friday, 13 May, 8:30am, Islands ride	23/34	Meet/park at Forsyth Park at the corner of Bull and Gaston. Ride out of town to Diamond Causeway on clearly identified bike lanes, over to Burnside Island then east to Jalapeño's restaurant in Sandfly for a rest. Continue to Isle of Hope before returning to Forsyth Park.	TBD
Saturday, 20 May, 8:30am, Ride to Fancy Hall	22/32/40	Take I-95 south to Highway 144, TL then about 5 miles to the Publix parking lot on the right.	TBD
Saturday, 27 May, 8:30am, New Ridgeland ride	48/TBD	I-95 N to Ridgeland, SC. Meet/park at Blue Heron Nature Trail, Blue Heron Drive.	TBD

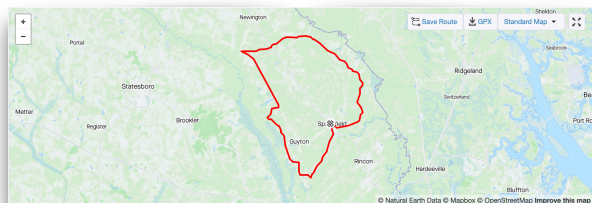
Springfield Revitalization Ride

The club turned out in droves for the 1 April Springfield Revitalization ride. The overall rider turnout was - in a word - sparse, with something on the order of 45 riders. About a quarter of all riders wore the club's jersey, and all but three of those endured less-than-optimum ride conditions to complete the Metric Century route, which turned out to be a metric plus 64 miles.

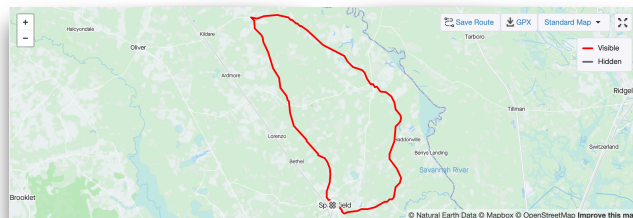
The weather cooperated, with a persistent but moderate wind, and generally sunny skies. But it was the wind that built throughout the ride that proved to be the biggest meteorological challenge. However, every club rider that started the ride finished the ride.



Post ride Chick-Fil-A, cold drinks and medals for participants greeted the participants at the finish line. There was also a raffle prize drawing, and as the club was so well represented, club riders swept up a good amount of the prizes.



Springfield 37 mile route



Springfield 64 mile route

Best Bike for you is...

Bicycling Magazine's April edition features "Best New Bikes" for 2023. Among 2023's sweetest picks for gravel, road, mountain, 'cross and all-around riding includes the magazine's pick for Bike of the Year.

Best Road Racing Bike

Cannondale's Supersix EVO Hi-Mod is the magazine's best road racing bike for 2023. Many of the changes to the Evo were made to boost the bike's aerodynamics, thus boosting the overall speed of the bike and rider.

Up front is a new hourglass head tube that matches with a new fork, which is also deeper and more aerodynamic. Seat tube and



seat post also saw redesign. The seat stays are dropped further and are deeper but more narrow, reducing drag. The seat post is also deeper and more narrow. Despite adding surfaces to the frame, Cannondale managed to drop the overall weight. A 56cm Hi-Mod now weighs 810 grams painted, an impressive 66 gram reduction from the previous edition. As with all high-end full carbon bikes, the Cannondale Supersix EVO Hi-Mod isn't cheap, starting at \$8,000. Two frame sets are available - the standard Hi-Mod at \$4,500, and the ultra light Lab71 version at \$6,000. However pricey, the Hi-Mod delivers a smooth, fast ride, earning Bicycling Magazine's Best Road Racing Bike laurels. Ken Pierce rides one of these bikes, so if you want to check one out, see Ken at one of the future rides.



Best Old Track Bike

Whether riding city streets or racing under the lights at a velodrome, fix-gear bikes are time-tested (just ask Marc Lobit) and low maintenance. Oh, and by the way, they aren't terribly expensive.

The magazine recommends three "best old track bikes", which are single-speed bikes built for everyday riding. State Bicycles Company's 6061 Black Label and All-City Thunderdome are the two most highly rated bikes in this category.



The Black Label combines a classic aesthetic with a butted aluminum frame and carbon fork. Available in five colors and Wu-Tang Clan Edition (photo on the left). This bike's list at \$700 and of course goes upwards as you build it out with extra components.

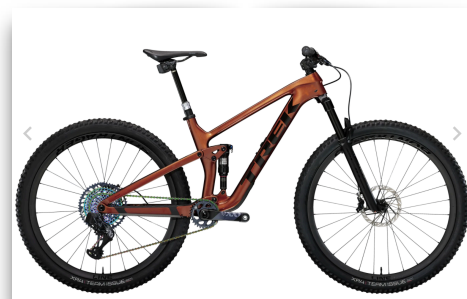
All-City's Thunderdome lists at \$1,300, and is "a solid option for both racers and city commuters. Plus, the frame and fork fit brake calipers for those who prefer riding with a freewheel".



Lastly, there is the high-end Fuji Track Elite, a full carbon frame set, maximized for aerodynamic efficiency, designed for going as fast as possible at the velodrome. The frame set alone is \$2,000, so this would be something that a true racing fanatic would purchase. Let's stay tuned to see when Marc Lobit comes out on a "No Sweat Wednesday" ride in a Fuji Track Elite single-speed, given his life-long pursuit and love of velodrome racing.

Best e-Mountain Bike

The Trek Fuel is judged to be the best e-mountain bike for 2023 by Bicycle Magazine. Like a lot of the “best in category” bikes in this review, the Fuel isn’t exactly a bargain, listing at \$14,000 and of course upwards depending on options and upgrades. But, for e-Mountain bike enthusiasts, the Fuel offers a wide range of advantages to get you over the trails, downed trees, rocks and streams in style.



Best Gravel/Cyclocross Bike



Cervelo’s R5-CX is judged by Bicycling Magazine as the best gravel/cyclocross bike for 2023. Pricey - yes - the complete bike lists for \$9,999 (do you ever ask why they knock a dollar off the price to make it appear reasonable?), with the frames along going for \$5,500. Purpose built for off road riding, the RT-CX has a high bottom bracket, lower gear sets and a frame to accommodate larger off-road tires. This bike is designed allow for both road and off road riding, with overall geometry of a road bike.

The R5-CX comes with SRAM’s Red or Force AXS 12-speed wireless group set. Internal brake hoses clean up the cockpit, while also keeping them from being damaged in racing conditions. This bike was created from input by two Belgique cyclocross champions - Marianne Vos and Wout van Aert. Vos and van Aert have a dozen World, European, and National titles between the two of them, and know a thing or three about cyclocross racing. We used their input to perfect every detail of the R5-CX—just ask the 2023 World Champ, Fem van Empel, another Belgique.

Bike of the Year - 2023

Quirky looking - yes. Practical and able to serve in a number of capacities - yes. Affordable - yes. Specialized’s Globe Haul is deemed the Bike of the Year for 2023. Technically speaking, the Globe Haul is a e-cargo bike. Practically speaking, the Globe Haul is a utility, transport, commuter and townie bike, used by many - particularly in urban settings (think downtown Savannah) - as the principal method of transportation.

At first glance, the Globe Haul looks like a retro bike from the 1950’s. The tires resemble an earlier era when “white sidewalls”





were all the rage. The headlight looks a lot like a Ford Model A headlight. Designed for whatever you're into, get more into it with the Specialized Globe Haul ST. With more power, more cargo, and more options, this fully customizable electric bike can haul up to 419 pounds including bike and rider and up to 60 miles with a standard sized rider. Plus, with a standard rear rack, integrated front and rear lights, and numerous accessory mounts, you can arrange your ride for any errand at any time – day or night. Globe Haul lists at \$2,700 and of course add-on stuff like cargo bags add to the price.

Easy pace ride - First Friday

Roy Reynolds will lead an easy pace ride the first Friday in the month, starting in March, and continuing until June. Turn-out participation will dictate further scheduling. For May, the easy pace ride will take place on Friday, Cinco de Mayo (5 May).

The ride will start at 10am, at the Lake Mayer Pavilion, and travel onto the Truman Linear Trail and some very lightly traveled streets. Pace will be dictated by the turn-out, but there will be no drops and everyone will stay together.

Our thanks to Roy for arranging these rides, which were mentioned in feedback garnered during the club's latest survey (i.e., a desire for easy pace rides of medium distances).

Club Elections - 2023

Coastal Bicycle Touring Club's Board of Directors (BoD) lead the club's activities, ranging from organized rides to general membership meetings, annual picnics and "Soup Rides". The club will hold elections for the seven positions, as well as recommendations for the three non-elected (volunteer) positions.

Elections will be conducted 1-15 June, with the new BoD installed 1 July. Kim Turner will function as the election coordinator, so look forward to communications from Kim regarding the election process. Members can nominate candidates for the positions, and they can also self-nominate if they choose to do so. The entire process will be conducted electronically, to make it as seamless and easy as possible. To recap, here are the positions up for grab, along with a short note on responsibilities:

President - Represents the club in all matters, leads and coordinates BoD activities, presides over meetings. Current President: Deborah Wharff

Vice-President: Assists the President and assumes those duties in the President's absence. Current Vice-President: Kathy Schaefer

Treasurer: Responsible for collection and disbursement of funds, reporting on financial health, processes member applications and renewals. Maintains club membership information. Current Treasurer: Christine Drillsam

Secretary: Maintain records, conduct correspondence, record minutes of General Membership and BoD meetings. Current Secretary: John Arney

Member-at-Large: Represents the General Membership at BoD meetings. Current Member(s)-at-Large: Roy Reynolds and Eric Holmes

Ride Chair: Establishes club ride schedule, appoint ride leaders, recommend/approve club sanctioned rides (aka "Away Rides") throughout the year. Current Ride Chair: Kim Turner

The three non-elected positions are:

Education & Safety: Develops and implements programs to educate Membership and community on all aspects of safe use and employment of bicycles. Currently David Jackson serves in this position.

Advocacy & Outreach: Maintains awareness of and response to situations pertaining to the use of bicycles. Informs members of opportunities to participate in local, state, and national activities. Kathy Schaefer currently fills this position.

Communications: Responsible for maintaining the club's website, generates/distributes the club's monthly newsletter, and marketing the club throughout the Coastal Empire. Rich Wharff does this, has done this for a very long time, and looks forward to handing this off to someone else so they can excel and make things better.

If you're in need of bikes, bike equipment or repairs, visit any of these shops and receive 10% discount on parts and accessories, by mentioning you are a CBTC member.

