

# CBTC NEWSLETTER

Official Publication of the Coastal Bicycle Touring Club, Savannah GA

[www.cbtc.org](http://www.cbtc.org)

## CBTC Meeting

See details regarding the general membership meetings below.

## 2022 Board of Directors

President: Deb Wharff  
[deborahwharff@icloud.com](mailto:deborahwharff@icloud.com)  
 Vice President: Kathy Schaefer  
[kwillyschafer@gmail.com](mailto:kwillyschafer@gmail.com)  
 Treasurer: Christine Drillsam  
[christine.drillsam@fisglobal.com](mailto:christine.drillsam@fisglobal.com)  
 Secretary: John Arney  
[johnaarney@gmail.com](mailto:johnaarney@gmail.com)  
 Member at Large: Roy Reynolds  
[royreynolds59@hotmail.com](mailto:royreynolds59@hotmail.com)  
 Member at Large: Eric Holmes  
[eric@howardsheppard.com](mailto:eric@howardsheppard.com)  
 Ride Director:  
 Kim Turner  
[kimbooskie@gmail.com](mailto:kimbooskie@gmail.com)

## 2022 Committee Chairs

Advocacy & Outreach: Kathy Schaefer  
[kwillyschafer@gmail.com](mailto:kwillyschafer@gmail.com)  
 Merchandise: John Arney  
[johnarney@gmail.com](mailto:johnarney@gmail.com)  
 Communications/Marketing:  
 Rich Wharff [r02581@icloud.com](mailto:r02581@icloud.com)  
 Education and Safety:  
 David Jackson  
[davidcjackson@yahoo.com](mailto:davidcjackson@yahoo.com)



## Club ride/meeting

Mark your calendar for the second general membership meeting of 2022, combined with our annual picnic, to be held on 7 May at the Lake Mayer recreational area, at the corner of Sallie Mood & Montgomery Cross Roads, Savannah. The ride will be a modified version of the Islands Ride, an approximate 34 mile ride to Burnside and Isle of Hope islands. Following the ride, we gather to enjoy post-ride eats and drinks and participate in our general membership meeting. Stay tuned for updates as the date approaches.

## April Ride Schedule

Ride leaders for each category will be assigned. Ride director:  
Kim Turner  
[kimbooskie@gmail.com](mailto:kimbooskie@gmail.com)

Helmets are required on all rides. Rear view mirrors are highly encouraged. Please arrive at least fifteen minutes before scheduled roll-out. Guest riders must sign the club waiver prior to roll-out. Club members acknowledged the waiver when they joined or renewed membership in the club. Enjoy the rides and the company. And if you have an idea about a new ride, contact Kim and she'll work to make it happen. **Oh, by the way, now that we've reset our clocks, club rides begin at 8:30am each Saturday.**

Date/Ride	Mileage	Directions	Ride Leader
Saturday, 2 April, 8:30am, Right Turn Clyde	24/34	Meet/park in the parking lot of the Berwick Shopping Center, adjacent to El Mariachi restaurant. Normally two groups, with the slower group riding in the Southbridge neighborhood. Post-ride lunch at the aforementioned El Mariachi restaurant.	Deborah Wharff, 410-905-1690, <a href="mailto:deborahwharff@icloud.com">deborahwharff@icloud.com</a>
Saturday, 9 April, 8:30am, Islands ride	24/34	Meet/park near the corner of Bull and Gaston Streets (east end of Forsyth Park). Roll out of town on clearly marked bike lanes, then on to Diamond Causeway with similarly marked bike lanes. Journey first to Burnside Island, then across Furgerson to a rest stop at Jalapeño's restaurant in Sandfly. Ride onto/around Isle of Hope before returning to Forsyth Park. Post-ride lunch at Sly's sliders and fries.	Cathy Reiman, 239-293-7118, <a href="mailto:creiman16@icloud.com">creiman16@icloud.com</a>
Sunday 16 April, 8:30am, Hardeeville ride	22/34/44	Meet/park at Millstone Landing, 55 Millstone Landing Road, Hardeeville, SC. Out-and-back routes on back country roads on all route options, with little-to-no traffic.	John Arney, 912-660-4088, <a href="mailto:johnaarney@gmail.com">johnaarney@gmail.com</a>
Saturday 23 April, 8:30am, Ride to Fancy Hall	22/32/40	Meet/park at the rear of the Publix Super Market, 12800 GA HWY 144 (Ford Avenue). Post-ride eats at Sunshine Cafe next to the Publix Super Market	Dave Taylor, 714-322-1173, <a href="mailto:d3taylor@live.com">d3taylor@live.com</a>

Date/Ride	Mileage	Directions	Ride Leader
Saturday, 30 April, 8:30am, Ellabelle ride	17/25/32/39	Take I-16W to exit 143, TL on GA HWY 280 for 2.2 miles, then TR on Wilma Edwards Road 1.5 miles, TL to Hendrix Park. Park in the center lot next to the gymnasium. Post-ride lunch at Sandra's Seafood restaurant, 4644 HWY 80.	Roy Reynolds, 870-310-9868, <a href="mailto:royreynolds59@hotmail.com">royreynolds59@hotmail.com</a>
Sunday, 1 May, 8am, Tour de Fords, St. Augustine, FL	13/27/36/52 /63/78/101	Ride starts from the St. Johns County fairgrounds 5840 FL207 East, Elkton, FL 32033.	

## Member Focus

Beginning with this issue of the CBTC newsletter, this column shines a light on individual club members. The intent is to introduce individual club members to the membership writ large, with a focus on each person's passion for cycling. The inaugural Member Focus is on Marc Lobit.

"When I first caught the bug....

I grew up on Long Island NY and in the summer of 1961 (when I was 6 years old) we came to a road closure for a bike race. First, I was shocked to find out my father had raced in France prior to WWII. Second, we met Corky Gulbransen (custom frame builder) and his son Harold who was my age and had just started racing. I was hooked and the Gulbranses's became my second family. As a kid I spent my summers at the bike track. This gave me the opportunity to meet and ride with former pros and many national champions. Racing became part of my DNA and by age 15 I was racing with the men at a national level all over the USA.



Marc Lobit in CBTC colors

Racing in the US was not well funded, but I had some major sponsors in Rheingold, Schlitz, Gitano and Schwinn over the years. Through the 70's I was a category 1 racer on both the road and track (highest amateur category - pros were in Europe). On Long Island we could race at least 3-4 times per week without leaving the area. Having said this, I never attended the finals for the Olympic trials. I was too blue collar to feel justified in taking so much time away from school or work to make the Olympic commitment. And at that point Americans simply never won medals.

In 1976 I graduated college and visited my family in France for a few weeks before starting my expected career as a high school art teacher. Upon my arrival, the Director of the Gan Mercier racing team visited me and invited me to train with their young pros and ride a few races as a French amateur. This was my father's old team and the original club of Tour de France winner Luis Ocana. Ocana's brother-in-law was my training partner. Things went well and before my departure I was offered a pro contract. Frankly moving to France was frightening and being the conservative kid I was, and with a serious girlfriend waiting to get engaged in the US, I did not accept the offer. At that point my friends that had turned pro in Europe needed family support to give it a go and had terrible experiences. This was a few years before a young fellow that I knew, Greg Lemond, was successful in making the transition.

Although I would continue to race for another 15 years (30 in total) this was a turning point. Career and later family was my priority. I was offered a position as a national coach in Colorado Springs in the mid 80's, which I also declined. Business had become my competitive field and compensation was quite a bit better. My last race was in the fall of 1991. I was a bit out of shape because my work required a lot of travel. I managed to bridge the gap to a breakaway late in the race and out-sprinted a young George Hincapie (later one of Lance Armstrong's Tour de France lieutenants) for the win.



A younger Marc Lobit on the track

Shortly after that I took on a new position as GM of an International company and spent extended time in Europe. There was no time for racing and I only rode occasionally on weekends. My cycling resume included over 200 wins, 9 NY State Championships and 2 National Championships.

At the end of 2018 I retired. This gave me the opportunity to get back on the bike and to start riding more regularly. In January 2020 we moved from Chicago to the Savannah area. I took a look at cycling clubs, but with COVID rampant, group rides were limited. The CBTC posted rides online and I reached out to Deb Wharff. The club had a Saturday ride at Skidaway and a potential group that sounded like I could keep up. The rest as they say is history."

## Tour de Low Country

A large contingent of club riders participated in the 2022 Tour de Low Country in Walterboro, SC on 26 March. Braving coolish temperatures at the start, strong winds, frequent pot holes, and traffic conditions on I-95, some 14 club riders completed the Tour without any crashes, flat tires or other issues that were present in last year's ride.

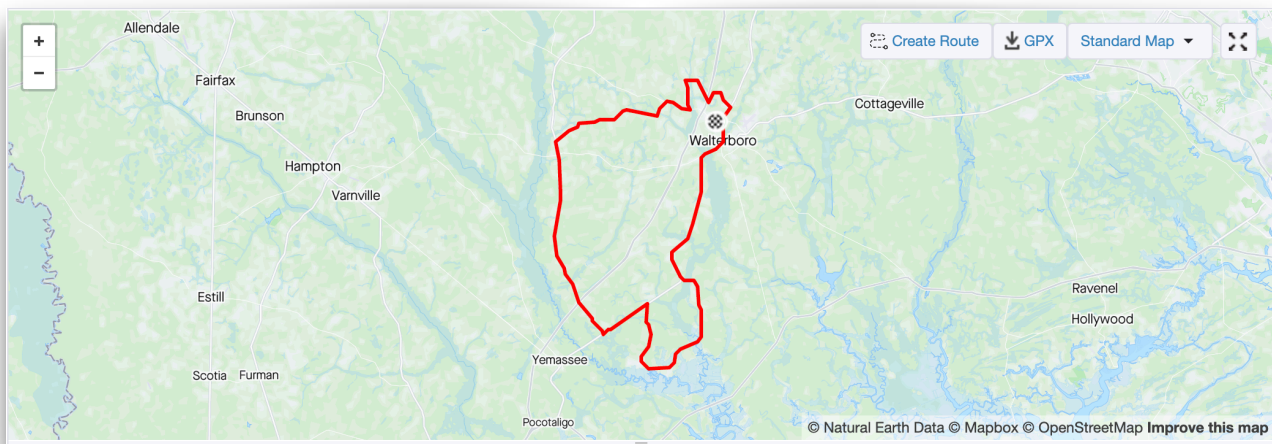
The Tour de Low Country is one component of Colleton County's annual Rice





Festival. Established in 1975, the Rice Festival It is one of many featured events that celebrates Colleton County's rich heritage that began in 1685 with rice plantations providing wealth for the Low Country and what would eventually become Colleton County. The festival runs from late March with the Tour de Low Country, through April 30th, featuring arts and crafts, food, fireworks, music and other entertainment. The Festival's website contains detailed information: <https://ricefestival.org/>

Most riders rode the metric century route- 62 miles - while a smaller group took on the 31 mile route option. Both groups enjoyed the well supported rest stops, as well as pizza and cold drinks at the end.



## Bike Ed deja vu

The club has had a large number of new members in the past two years, and it might be useful to some of those new members to review some of the earlier “Bike Ed” articles that appeared in the club’s newsletter. Hopefully these articles will be informative for those members who joined in the past two years, and not boring for those members who never read this when they were first published (editorial attempt at humor).

This Bike Ed article first ran in the February 2020 club newsletter, and it dealt with GPS devices. Although a little dated, the article contains useful information for those riders who are considering either their first GPS device or for those wanting to upgrade their existing device.

---

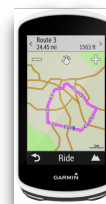
“A great number of club riders, as well as riders writ large, use a GPS device to record their rides. As with everything associated with the sport, there are myriad manufacturers and devices ranging from minimal ride data all the way up to precise and extensive metrics of each ride. This month we provide a review of the best GPS devices according to [bicycling.com](http://bicycling.com) whose ride experts reviewed what they consider the best current GPS devices on the market. So if you are thinking of a GPS, this review may prove helpful. The top rated devices were “thoroughly evaluated and tested by *Bicycling’s* team of test editors and product reviewers. We research the market, survey user reviews, speak with product managers and engineers, and use our own experience racing and riding with these products to determine the best options”. In the interests of time and space, we will list the top 5 devices. For those interested in the complete review, it can be found at:

[https://www.bicycling.com/bikes-gear/a20035801/best-gps-cycling-computers/?source=nl&utm\\_source=nl\\_byc&utm\\_medium=email&date=010320&utm\\_campaign=nl18987476&src=nl](https://www.bicycling.com/bikes-gear/a20035801/best-gps-cycling-computers/?source=nl&utm_source=nl_byc&utm_medium=email&date=010320&utm_campaign=nl18987476&src=nl)

**GARMIN Edge 130:** Offers complete functionality in a small footprint, at a fairly reasonable price of \$199. Most importantly, the device has a long battery life. It has all the features a data-hungry rider needs – speed, distance, and time; barometric altimeter; extensive sensor compatibility, including power meters; and long battery life and reliability – without the additional complexity and expense of mapping or other high-end features.



**GARMIN Edge 530:** A full-featured, color screen device deemed the best GARMIN device, which lists at \$299. One of the most useful new features found in the 530 and other newer Garmin devices is Climbpro, which alerts you to upcoming climbs and displays remaining distance and degree of climb (this only works when you’re following a preloaded route).



**GARMIN Edge 1030:** Considered the Gold Standard of GARMIN devices, the Edge 1030 is preloaded with full mapping and navigation features – address lookup, POIs – so you can navigate and reroute from the device. The huge color screen makes following an unfamiliar route easier. Of course all of these features, size and color



displays come at a cost - currently \$599.

HAMMERHEAD Karoo: Hammerhead's Karoo is a smartphone turned into a cycling computer. That's not hyperbole – it has a sim-card slot so you can add a data plan



LEZYNE Macro Plus: The Macro Plus has a pretty impressive feature set. It's one of the cheapest power-meter-compatible units, (\$99.99) though it only connects to Bluetooth sensors – it does not have ANT+. It is easy to setup and customize via the smartphone app, and it offers live tracking, STRAVA Live Segments, smartphone alerts, and wireless ride syncing to STRAVA, Today's Plan, and TrainingPeaks. It also offers textual turn by turn directions (there's no map), which are created on and pushed from LEZYNE's companion smartphone app. The screen is decent, and it can be oriented in portrait or landscape according to your preferences.



## New Members - March 2020

The club welcomes two new members who joined in the month of March 2020. Lin Woodard, from Pembroke, and Vick King, from Savannah, joined the club last month. The entire club welcomes these new members and look forward to riding with you.

If you're in need of bikes, bike parts or bike maintenance, please try to frequent one of our area bike shops, who have been open during the COVID-19 pandemic and providing assistance to the bike community of the greater Savannah area. Just be prepared for a slow turn-around. The pandemic, as we all know, has disrupted the world's supply chain, to include bikes and bike parts. That means getting bikes, bike parts and bike repairs takes a long time. Most major U.S. bike companies warn that any bike ordered this year will likely not be available until early 2022 at best, and some not-earlier-than 2023.

Notwithstanding, show your support for your local bike shops whenever and however you can, and don't forget to remind them that CBTC members receive a 10% discount on parts and service.

