

# CBTC NEWSLETTER

Official Publication of the Coastal Bicycle Touring Club

CBTC, Post Office Box 14531, Savannah, GA 31416 [www.cbtc.org](http://www.cbtc.org)

## CBTC Monthly Meeting

Carey Hilliards's  
11111 Abercorn Street  
Monday, 2 July 2018  
5:45pm Board Meeting  
6:15pm Social Hour/Dinner  
7:00pm Program

## 2018 Board of Directors

President, Ken Robichaux  
[kenrobichaux@gmail.com](mailto:kenrobichaux@gmail.com)  
VP, Mike Griffith  
[griffohio@gmail.com](mailto:griffohio@gmail.com)  
Treasurer, Joe Kreger  
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Secretary, Doug Powelson  
[doug.powelson@comcast.net](mailto:doug.powelson@comcast.net)  
Members at Large  
Jack Knops  
[dunkfknops@comcast.net](mailto:dunkfknops@comcast.net)

## 2018 Committee Chairs

Ride Director:  
John Gerardi  
[johngerardi@hotmail.com](mailto:johngerardi@hotmail.com)  
Membership Director  
Margie Robichaux  
[margie.bodybyvi@gmail.com](mailto:margie.bodybyvi@gmail.com)  
Newsletter :Rich Wharff  
[r02581@icloud.com](mailto:r02581@icloud.com)  
Advocacy: Vicki Graham  
[vhag46@aol.com](mailto:vhag46@aol.com)  
Education/Safety: Ken Robichaux  
[kenrobichaux@gmail.com](mailto:kenrobichaux@gmail.com)  
Social: Rick Royer  
[rickroyer2@gmail.com](mailto:rickroyer2@gmail.com)  
Merchandise: John Arney  
[johnarney@gmail.com](mailto:johnarney@gmail.com)  
Publicity: Mike & Debbie Griffith  
[griffohio@gmail.com](mailto:griffohio@gmail.com)



Following is a recap of the remaining CBTC social events for 2018. For more details, go to: <http://cbtc.org/social/>

Thursday, 5 July Savannah Bananas vs Macon Bacon game

Saturday, 8 September, Savannah Queen Moonlight Cruise

Sunday, 7 October, Picnic in the Park, Forsyth Park

Sunday, 17 October, Midnight in the Garden Ride

Saturday, 17 November, Butter Duck Winery

Sunday, 9 December, Savannah Christmas Lights ride

There are open dates for anyone who would like to be ride leader. Contact John Gerardi to find out more. johnngerardi@hotmail.com

## CBTC July 2018 ride schedule

Helmets are required on all rides, and rear view mirrors are highly encouraged. Please arrive at least 30 minutes prior to the scheduled departure. Ride leader's instructions will be held prior to departure. All riders, CBTC members and guests, must sign the waiver prior to departure.

Date/time	Mileage	Ride	Leader
<b>July 4, 10am, Jewel of a Ride (Isle of Hope)</b>	25 (Social)	Savannah. Meet at the north end of Forsyth Park where Bull intersects Gaston. Ride is designed for new riders and/or those looking for a slower ride.	John Arney 912-660-4088.
<b>July 7, 9am, Rincon ride</b>	35/26 (B/B-/C)	Rincon. Old Kroger on Highway 21 in Rincon, 5667 Highway 21 South. There are no restrooms but the Parkers Gas on Highway 21 as you come into Rincon has clean bathrooms.	Ken Robichaux 912/656-7758
<b>July 14, 9am, Hardeeville Hospital ride</b>	18/32/42 (B+/B-/C)	Hardeeville SC. Go north on I95 to exit 8 (SC), Route 278 east approximately 1/4 mile, left into hospital parking lot. Lunch at the Katie Ale House in Bluffton, SC.	John Arney 912-660-4088.
<b>July 21, 9am, Liberty Trail Ride</b>	31/26/18 (B/B-/C)	Midway, GA. Meet at Smoking Pig BBQ restaurant, I95 south to exit 76, turn right, Smoking Pig is on your immediate left	Kim Turner, 214-725-2490
<b>July 28, Knowles Island ride</b>	34/26/21 (B/B-/C)	Ridgeland SC. I95 north to exit 21 (Ridgeland). Left at bottom of off-ramp onto Main Street, go 0.1 miles, turn right at Shell gas station follow road to Jasper's Porch, park in back of the lot.	Darrel Snuggerud 912-598-2181

Ride classifications: A: 19+ mph. B: 17-18 mph. B-: 15-16 mph. C: 10-14 mph. S: 9-11 mph.

If there is a ride cancellation, the CBTC web site will be updated with cancellation at least an hour and a half prior to the start of the ride. An email will also be sent to club members by ride director John Gerardi.

May was National Bike Ride month, an annual event focused on every element of bike riding. The Coastal Bicycle Touring Club formed a club as part of the event, and we did quite well. Teams were assigned to geographical “pools”. CBTC was assigned to Pool E. Teams were rated for distance, number of days ridden as well as encourager points (i.e., encouraging others to ride). We’re happy to note that CBTC finished in first place in Pool E, far ahead of the second place team.

## Pool E – USA

NAME	DISTANCE POINTS	DAY POINTS	ENCOURAGER POINTS	TOTAL POINTS
<u>Coastal Bicycle Touring Club</u>	4579	2620	0	7199
<u>BG Consultants Lawrence Office</u>	2589	1920	0	4509
<u>Farmers Mutual of Nebraska</u>	1614	2100	300	4014
<u>Post Payday Pub Pedal</u>	789	1640	250	2679
<u>Water Environment Federation</u>	600	1180	150	1930
<u>Christian Hill Climbers</u>	688	820	150	1658
<u>Great Basin Unified Air Pollution Control District</u>	68	980	50	1098

Among states with populations ranging from 8 to 12 million people, Georgia finished first, again far ahead of second place Ohio.

### 8-12m residents category

NAME	TRIPS	MILES	TOTAL RIDERS	TOTAL NEW RIDERS	TOTAL POINTS ↓
Georgia	15,567	213,668	621	35	315,067
Ohio	11,017	159,388	481	74	240,697
Virginia	11,396	136,264	450	58	209,664
North Carolina	3,643	62,663	161	15	89,643
Michigan	4,036	59,318	183	16	89,067
New Jersey	2,038	38,947	93	9	54,006

Individually, CBTC placed three riders in the top 20 male riders in the state of Georgia.

### Top Male Rider (Most Miles)

	NAME	MILES	TRIPS
1 <sup>st</sup>	<u>Eric Reinhardt</u>	1,505	62
2 <sup>nd</sup>	<u>Kenneth Pararo</u>	1,460	68
3 <sup>rd</sup>	<u>Jonathan Atkins</u>	1,455	35
4 <sup>th</sup>	<u>Bill Webb</u>	1,345	43
5 <sup>th</sup>	<u>Nick Jeanfils</u>	1,341	53
6 <sup>th</sup>	<u>Rich Wharff</u>	1,206	31
7 <sup>th</sup>	<u>Chris Hinton</u>	1,190	72
8 <sup>th</sup>	<u>Brian Burke</u>	1,190	9
9 <sup>th</sup>	<u>Emory Hancock</u>	1,062	36
10 <sup>th</sup>	<u>Marcos Schechter</u>	1,034	40
11 <sup>th</sup>	<u>Mark Miller</u>	1,001	30
12 <sup>th</sup>	<u>Scott Macey</u>	1,001	50
13 <sup>th</sup>	<u>Chip Battle</u>	868	32
14 <sup>th</sup>	<u>Mike Chiasson</u>	831	29
15 <sup>th</sup>	<u>Mark Kinnaman</u>	829	20
16 <sup>th</sup>	<u>Mike Griffith</u>	818	23
17 <sup>th</sup>	<u>Patrick Markarian</u>	803	16
18 <sup>th</sup>	<u>Kevin O'Gara Jr.</u>	731	111
19 <sup>th</sup>	<u>Hank Beaver</u>	718	37
20 <sup>th</sup>	<u>Shane Byler</u>	718	22



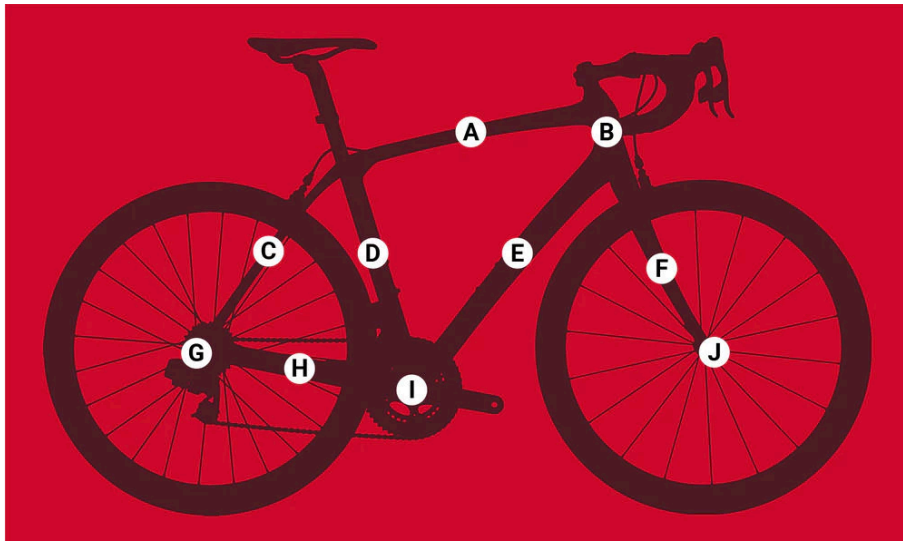
## Bike Ed

A new addition to the CBTC newsletter is Bike Ed, devoted to all things relating to bikes. In this inaugural edition, we cover basic bike geometry and how that geometry translates to a good fit and ride for individual riders. Next month we'll cover bike terminology and definitions.

### Anatomy of a bike

Riders, regardless of ride category, should have a good grounding of bike anatomy. Once a rider understands basic bike geometry, selecting and fitting a bike to the rider's preference (e.g., road bike, off-road bike, etc) becomes easier, resulting in a more comfortable ride.

The following graphic depicts overall bike geometry, followed by a description of the more critical elements of a bike.



Before we kick things off, here's a key chart that highlights the key areas of the bike that are used to take the measurements from.

- A - Top Tube
- B - Head Tube
- C - Seat Stay
- D - Seat Tube
- E - Down Tube
- F - Fork
- G - Rear drop out
- H - Chain Stay
- I - Centre of Bottom Bracket
- J - Front drop out

**Top tube:** The geometric angle of the top tube (angle of the top tube relevant to the ground) varies among bike types. Road or racing bikes have a shorter rise, so that the rider profile is lower, resulting in less drag. Endurance bikes have a longer angle, so that the rider is more upright, causing less strain on the body. Also, top tube length determines the bike's overall size. Most modern bike sizes are measured in centimeters.

**Head tube:** Head tube angle and length determines a bike's steering. A bike with a steeper head tube angle has faster steering (road and racing bikes), whereas a head tube with a slacker angle has slower steering (off-road, beach cruisers).

**Chain stay:** The length of the chain stay determines overall wheelbase. The longer the chain stay results in a longer wheelbase, making the bike more stable at cruising speed.

**Bottom bracket:** Bottom bracket drop determines how high your cranks sit from the ground when you pedal. Off-road bikes generally have a high bottom bracket so the rider's feet clear obstacles. This means a higher center of gravity for the bike and rider. Road oriented bikes generally have a lower bracket drop, resulting in a lower center of gravity and a more stabilized ride.

If you are in need of bikes, bike equipment or repairs, visit any of these shops and receive 10% discount of parts and accessories.



*Perry*  
**RUBBER  
BIKE SHOP**

*David Udinsky*

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