



# CBTC NEWSLETTER

Official Publication of the Coastal Bicycle Touring Club

CBTC, Post Office Box 14531, Savannah, GA 31416 [www.cbtc.org](http://www.cbtc.org)

Check web site for the latest ride info: [www.cbtc.org](http://www.cbtc.org)

April 2016

## ***Bike Club Meeting***

Carey Hilliard's

11111 Abercorn, Savannah

**Monday April 4, 2015**

BOARD MEETING

5:45 P.M. TO 6:15 P.M.

GENERAL MEETING

7:00 P.M.

## **2016 Board of Directors**

President, Ken Robichaux

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Vice President, Rick Royer

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Members at Large,

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Jack Knops: [dunfknops@comcast.net](mailto:dunfknops@comcast.net)

## **2016 Committee Chairs**

Ride Director: John Gerardi

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Membership Director:

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Education & Safety Director:

Ken Robichaux

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Social Committee Director:

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## **CBTC General Membership Meeting Minutes Monday March 7, 2016**

President Ken Robichaux opened the meeting at 7:00 PM. An excellent turnout. Thirty one attended, including 3 new prospective members.

Issues of Interest to all members covered in tonight's Board meeting:

1. Doug Powelson is the new club Secretary, Jack Knops, previous Secretary, will continue on the board as a Member At Large.
2. There is a weekend ride planned for April 15-17 in Gainesville, FL on the 19 mi. Hawthorne Trail. Mike and Deb Griffith are coordinating the details and have arranged for a block of rooms at the Quality Inn near the trail head. Location and Ride details are in the Ride Calendar on the club website <http://cbtc.org>. Please let Mike or Deb know if you are planning to attend. There will not be a local ride scheduled on Saturday, April 16.
3. An updated application form has been posted to the club web site. A further edit will be made to add a line for secondary (or spouse) email addresses.
4. For improved ride safety, ride leaders are requested to instruct riders to keep at least a 1 wheel separation from the rider ahead. Additionally, the use of hand signals by all riders will be encouraged as the primary method of communication in the pace line. Verbal communication has not been effective in communicating road hazards to the riders at the back of the line.
5. The club picnic will be in May this year to avoid extreme heat. The tentative locations being considered are Skidaway Island State Park and Fort McAllister State Park.
6. A fall weekend outing will be planned. Locations being considered are Amelia Island or Inverness, FL.
7. The announcement for the CBTC weekly ride in the Savannah Morning News has attracted new riders.
8. The social calendar for the balance of the year has been developed by Vice President Rick Royer and includes the following:

Event	Cost/pp	Tentative Date
Oyster Roast at Savannah Harbor	\$18	Friday, Apr 1
Picnic Ride, Ft. McAllister	\$5/parking	May 14
Sav. City Market Progressive Dinner	\$83	June, date TBD
Baseball Game – Grayson Std	\$9	August, date TBD
Savannah Jazz in the Park	Free	Sept, Date TBD
Butterducks Winery	\$8	Sat, Oct 15
Haunted Pub Crawl	\$25	Oct, date TBD
9. A new shipment CBTC Jackets has arrived. Contact John Arney to see if he has your size available.
10. The program topic for the April General Membership meeting will be "Ride Safety" presented by Ken Robichaux and Rick Royer. (Continued on Page 3)

**Ride Leaders Wanted!**

There are open dates available for you to choose next month and beyond. Contact John Gerardi to find out more about it.  
[johngerardi@hotmail.com](mailto:johngerardi@hotmail.com)

## Coastal Bicycle Touring Club April 2016 Ride Schedule



**Helmets are required on all rides. No helmet = no ride!**  
**Please arrive at least 30 minutes before the scheduled ride departure time. Ride leader's meeting will be held 15 minutes before departure time. Club members and Non-club members must sign the waiver form before every ride.**

Date / Time	Mileage	Ride	Leader
April 2 Saturday 9:00 A.M.	34/21 mi (B/B-/C)	Knowles Island Ride: Ridgeland, SC. I-95 N to exit 21 in SC then left onto Main Street. Go 0.1 miles and turn right at the Shell Station. Follow 0.1 miles to Jasper's Porch. Park in the back of the lot.	Don Gerosa 912-598-8156
April 9 Saturday		There is no club ride this week. Many will be participating in the Jim Kruse ride in Statesboro. Please consider joining.	
April 16 Saturday 9:00 A.M.	40/35/23 mi (B/B-/C)	Jim's Ride: S. Effingham. Meet at Stoners Pizza Joint. From I-95, exit 109, N towards Rincon 0.6 miles. TL onto GA 30, drive 7.4 miles to Buckingham Plaza on right. There are no bathrooms so stop on the way if necessary.	Joel Mitchel 912-704-3888
April 23 Saturday 9:00 A.M.	35/26/21 mi (A/B/B-/C)	Rincon Ride: Meet the Kroger on the northeast side of Hwy 21. From Savannah, I-95N to exit 109. Turn left and go about 6 miles to the Kroger on your right.	Joel Mitchel 912-704-3888
April 30 Saturday 9:00 A.M.	40/28 mi (B/B-)	Coffee Bean Ride: Meet at Gallery Espresso at the corner of Bull and Perry Streets	John Arney 912-660-4088

*Ride Classifications: A: 19+ mph, B: 17-18 mph, B-: 15-16 mph, C: 10-14 mph, S: 9-11 mph*

If there is a ride cancellation due to inclement weather or previously unforeseen events, the CBTC web site will be updated with cancellation notice at least an hour and a half before the start of the ride. An email will also be sent to the club members.

### Other Local Rides of Interest

*Wed A.M. Several club members ride about 35 miles on Wednesdays at 10:00 AM (during winter) leaving from Berwick parking lot next to Fuddrucker's. Any riders are welcome but our current group speed is 17-18mph (Class B/B-). If interested, contact John Arney or Roy Mueller and they will add you to the short email list for updates concerning the ride.*

March Meeting Minutes (continued from Page 1)

**Meeting Program Speakers:** John Bennett, Executive Director, Savannah Bicycle Campaign and our own Kim Turner, volunteer for the New Standard Cycles program.

John presented an update of all Savannah Bicycle Campaign initiatives and events. The key points covered were:

1. The county held a meeting on phase 2A of the Truman Linear Park Trail (Lake Mayer Park to DeRenne Avenue) in December. The majority of comments received were positive and work will begin in FY 17, which begins in July. The city's portion of the trail (DeRenne Avenue to Daffin Park) is moving slower.
2. In November, the City of Savannah Leisure Services department prepared a proposed ordinance that would prohibit everyone over 12 years old from riding bikes anywhere in Forsyth Park, based on the concerns of some downtown residents who complain that people on bikes are colliding with pedestrians in the park. Review of police reports from 2011-2015 finds no evidence of collisions and during the same time, dozens of bicyclists and pedestrians have been injured on Whitaker and Drayton streets. We were concerned that the bike ban would force more people on bikes onto these streets, which are not safe for cycling. The city solicited comments on the ordinance through its website. Of the 425 comments received, about 20 favored the bike ban. A public meeting was held in January and the majority of attendees spoke in opposition to the ban. Only three people spoke in favor of it. We do not expect the ordinance to move forward, but we are keeping an eye on it.
3. Around 10 national bicycle touring companies are operating in Savannah now, including industry giant VBT. We are working with Dr. Michael Toma, Fuller E. Callaway Professor of Economics at Armstrong State, on a Savannah bicycle tourism economic impact study, which will be available later this year.
4. Analysis of census data by the League of American Bicyclists reveals Savannah has the highest percentage of bicycle commuters in the state of Georgia. We are No. 8 for bicycle mode share in the south and No. 14 for all U.S. cities with populations between 100-200,000 in population.
5. CBTC members may join SBC for \$5 off the normal membership rate. So, a individual membership would be \$20 for CBTC members. Those wishing to take advantage of the discount may email John Bennett for more information.

Kim spoke to us about the New Standard Cycles program that has been operating for about 1-1/2 years. Kim is a volunteer and more volunteers and/or donations are needed. The program serves people who need safe, affordable and reliable transportation to get to work, to school and to other important destinations. Through this program they accept donated bicycles (and parts) and recondition them. They offer bicycle repair services to underserved populations throughout the community, but do not offer walk up services at the Lincoln Street location. They rely on partnerships with nonprofit, workforce development and other organizations to identify deserving individuals who should receive bikes, then configure the bicycles based on their needs. They do not give bikes directly to individuals. A numbered decal is affixed to each bike, so that bikes can be identified if recipients need repairs or adjustments. Each bicycle recipient also receives a light set, lock, helmet and safe cycling education. Check out their web site (<http://bicyclecampaign.org/new-standard-cycles/>) for volunteer opportunities.

## HOW TO REGISTER YOUR BIKE

Vikki Graham, our Advocacy Director, reports the following:

The Savannah Chatham Metro Police Department can be accessed via <http://scmpd.org/bicycle/> Download the registration form on [http://scmpd.org/wp-content/uploads/2014/08/Bike-Registration\\_201211130847401673.pdf](http://scmpd.org/wp-content/uploads/2014/08/Bike-Registration_201211130847401673.pdf) and take it to your local precinct to be registered. The registration will be entered into an online database. You will get a decal to put on your bike.

**It's the new year and time to renew your membership. Please visit the web site ([www.cbtc.org/membership](http://www.cbtc.org/membership)) to access the membership form and mail it in or you may renew all on-line and pay your dues through paypal. If you print the form to mail in, please use an envelope to enclose your check and signed waiver.**

## Upcoming Social Events

### Oyster Roast and Fireworks

Friday April 1, 6:30

Join friends for some oysters and fireworks at the Westin Savannah Harbor Resort and Spa. If oysters aren't your thing, there will be other food stuffs being served.

### CBTC Spring Cycling Adventure

Sat and Sun, April 16-17, Gainesville, FL

Socials and rides are planned for Friday evening, Saturday and Sunday. Check out the web site for more information on routes and hotel information or send an email to Mike Griffith who has generously organized this fun-filled weekend.

### CBTC Annual Ride and Picnic

Saturday May 14, 9:00

Ft. McAllister State Park

Join us for a lovely ride through Richmond Hill and then have some food and fellowship with your fellow riders and families at Ft. McAllister. The club has reserved a covered picnic area and will provide picnic foods. Families are invited and welcome. Please feel free to bring a side if you would like to show off your culinary aptitudes. I'm sure we'll all enjoy.

## AREA RIDES OF INTEREST

### 22nd Annual Jim Kruse Century - Statesboro, GA

Saturday, April 9, 8:00 A.M.

Fees: \$35.00 per rider in advance, \$40.00 per rider at the door.

Quiet back roads, beautiful rural scenery, and little elevation change make the Jim Kruse Century a fun and family friendly ride. The ride offers a 25, 50, 65, and continuous 100 mile option. All routes are mapped, marked, and well-sagged. Coffee and bagels will be available at Saturday's ride start. Pre-registered riders are guaranteed a T-shirt, ride packet, and post-ride lunch. All proceeds for the Jim Kruse Century benefit the Silver Lining Club, which provides respite care for Alzheimer's and other elderly patients.

### 13th Annual Tony Serrano Century Race - Monroe, GA

Saturday, April 9, 8:30 A.M.

Fees: \$35/rider rec'd by 3/31, \$50/rider at the door

Tony was an avid triathlete training for an Ironman when he was struck by a car and killed in August 2004. Join us to honor Tony's spirit and passion for life as we continue to raise awareness of the laws and rights as they pertain to bicyclist on the road and promote health and well being. Proceeds will benefit Georgia Bikes, Walton Wellness, Monroe Bike Shop, Safe Kids Walton County and other Georgia bicycle advocacy efforts. 10, 39, 62 and 100 mile options. Questions? email:

[serranoride2016@yahoo.com](mailto:serranoride2016@yahoo.com) or [www.tonyserranoride.com](http://www.tonyserranoride.com)

### BRAG (Bicycle Ride Across Georgia) [www.brag.org](http://www.brag.org)

Spring Tuneup Ride: Rutledge, GA. - April 15-17

BRAG: Atlanta to Savannah - June 4-11

US Bike Route 21: Chattanooga to Atlanta - September 16-18

Georgia Bike Fest: Columbus - October 7-9

### 12th Annual Katie Ride - Amelia Island, FL

Saturday April 16

Join us the the 12th Annual Katie Ride, benefiting the Katie Caples Foundation's organ donor education and awareness raising programs. The Katie Ride takes place on Amelia Island, FL with routes covering 18 to 103 mile courses, off-road options, a walk and fun run, marathon spin class and new this year a reverse sprint triathlon! Registration includes: breakfast, lunch, free Katie Ride t-shirt, after event massage, medal upon completion, discounts on awesome gear, and amazing fully supported cycling, walk and run routes. Plus, the knowledge that your are changing lives for the better. To learn more and register visit:

[www.katieride.org](http://www.katieride.org)

### Mars Theatre Bike Ride - Springfield, GA [marsbikeride.com](http://marsbikeride.com)

Saturday April 23, 8:00 A.M.

Registration fee: \$40

Come out and join us for a scenic ride through Effingham County. Beginning and ending at the historic Mars Theatre in Springfield, GA, riders will be able to choose 18,37 or 65 mile courses. This will be a great opportunity to see the sights and ride the roads of Effingham County. The Mars Theatre Bike Ride is an annual fundraiser organized by the Springfield Revitalization Corporation (SRC), also known as Revitalize Springfield. SRC is a 501c3 non-profit organization (Tax ID: 58-2429193) devoted to encouraging economic, social, and aesthetic growth and improvement in Springfield, Georgia.



**Be sure to visit these shops. Take a look at the new bikes or just stop by to say hello. They'll be glad to see you. CBTC members get a 10% discount on parts and accessories (sorry, not on bicycles or repairs!). Check 'em out.**

**MIKE MAYNOR**



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## Ride Classifications - A/B/B-/C/S

### **A Very Fast - 19+ MPH (Avg. 19+ MPH flat road speed)**

Vigorous riding with excellent bike handling skills. Expect cooperative contribution to group within abilities. No sweep, possible regrouping. Riders are expected to navigate on own if dropped.

### **B Fast - 17-18 MPH (Avg. 17+ MPH flat road speed)**

Brisk to vigorous riding with above average bike handling skills. Expect cooperative contribution to group within abilities. No sweep, possible regrouping. Riders are expected to navigate on own if dropped.

### **B- Moderate - 15-16 MPH (Avg. 15+ MPH flat road speed)**

Moderate to brisk riding with good bike handling skills. Some cooperative pacelining skills required. No sweep, possible regrouping. Riders are expected to be self-sufficient and navigate on own if dropped.

### **C Intermediate - 10-14 MPH (Avg. 12 MPH flat road speed)**

Moderate riding, sightseeing and destination-oriented. Regroups often. A sweep may be appointed. Riders should be capable of riding at least 30 miles.

### **S Slow - 9-11 MPH (Avg. 10 MPH flat road speed)**

Leisurely riding with more attention to scenery. Ride is paced to slowest rider. Regroups often. A sweep is always appointed. Riders should be capable of riding at least 25 miles.

- Keep a safe distance between you and the rider in front of you
- Ride no more than two abreast on quiet roads and only where it is safe to do so
- Ride single file on all busy roads
- Ride alert with your head up and eyes up the road

The group may stop for mechanical problems (if there is a designated sweep who can assist, then the ride can proceed). If a rider wishes to leave the route, tell the Ride Leader.

Go over the ride course, pointing out any areas of potential danger.

## Revised Ride Classifications

Please take a minute to review our revised **Ride Classifications** and **Rider Tips** on the left-hand column of the page. They were updated to make them agree more closely with the classifications used nationally by other bike clubs. They haven't been reviewed since being adopted by CBTC in December 2007.

The gist of the changes is that the **A** ride has gotten upgraded to **Very Fast** with the **B** ride taking over the **Fast** classification. We've now added a new **B-** classification, called **Moderate**.

All three of these classifications expect the riders to be "self-sufficient", that is, capable of riding the route alone if dropped. It also means that these riders should be capable of changing a flat tire and carry a pump (or CO2 cartridges), tire irons, spare tubes, patch kit and tools. They should use a cycling computer and be able to read a cue sheet.

The **C** ride classification has not been changed; it still is called **Intermediate**. However, the C riders are not being asked to be "self-sufficient" since it is expected that they will learn these skills prior to moving up the B- rides.

The **Social S** ride has been made slower than the C ride, since it is paced to the slowest rider now.

## Rider Tips

Select a ride that is within your ability based on the ride distance and pace indicated on our monthly Ride Schedule (see page 3). Call the Ride Leader with any questions or concerns. Trying a pace one level lower than were you think you should be is recommended for new members in order to introduce you to our riders.

All **A, B, and B-** riders should be **self-sufficient**, i.e. carry a pump, tire irons, spare tube, patch kit, tools, money and health insurance card. They should use a cycling computer and be able to read a cue sheet.

**All riders in the club must wear and ANSI, SNELL, and/or CPSC approved helmet throughout a ride.** All rides should bring one or two water bottles with them on a ride.

Check the CBTC website for any last minute ride updates.

## Ride Leader Tips

Before the day of the ride, make sure you have sufficient cue sheets and one or two waiver (sign-in) forms. The Ride Director can provide these if you can't access the club's website.

If you are unfamiliar with the ride, it would be a good idea to ride the course with a cue sheet to be sure that it is accurate and you know the route. Marking the road with yellow paint at important turn is also a good idea.

If a rider call you with questions, make sure that your ride is within his or her ability, based on the ride distance and pace. Trying a lower distance or pace should be recommended for new members in order to introduce them to our rides.

Ride leaders should announce the following rules for safe riding before the start of a ride:

- Use hand signals to communicate turns, slowing, stopping and road surface hazards
- Slow and stop at all stop signs and traffic lights

### The Coastal Bicycle Touring Club

CBTC web site: [www.cbtc.org](http://www.cbtc.org)

Established on June 29, 1981, the Coastal Bicycle Touring Club (CBTC) consists of approximately 150 cyclists. Our club is the direct result of the first GASBE/BRAG ride in 1980. Our club consists of road touring, hybrid recumbent and tandem cyclists. Our goal is to provide an opportunity for all cyclists to join us and share in our enthusiasm for health, camaraderie, the love of the outdoors and a desire to learn more about ourselves and our sport. We also believe that our bicycle club should be an advocate for the sport in our communities while exhibiting and promoting safe cycling all the time.

CBTC is affiliated with the League of American Bicyclists, Georgia Bikes, Savannah Bicycle Campaign (SBC) and Safe Kids Coalition of Savannah.

CBTC dues pays for weekly e-mail updates, monthly newsletter, Club picnic and the Club Insurance. Please support our club.

### Rides & Club Meetings

Club rides are offered every Saturday with varying distances, speeds and locations.

Club meetings are held the first Monday of the each month at Tubby's Restaurant in Thunderbolt. Dinner at 6:15 P.M. and meeting at 7:00.