



CBTC NEWSLETTER

Official Publication of the Coastal Bicycle Touring Club

CBTC, Post Office Box 14531, Savannah, GA 31416 www.cbtc.org

Check web site for the latest ride info: www.cbtc.org

March 2016

Bike Club Meeting

Carey Hilliard's

1111 Abercorn, Savannah

Monday March 7, 2015

BOARD MEETING

5:45 P.M. TO 6:15 P.M.

GENERAL MEETING

7:00 P.M.

2016 Board of Directors

President, Ken Robichaux

kenrobichaux@gmail.com

Vice President, Rick Royer

rickroyer2@gmail.com

Treasurer, Joe Kreger

joekreger@comcast.net

Secretary, Doug Powelson

doug.powelson@comcast.net

Member at Large, Roy Mueller

roy.mueller@gmail.com

2016 Committee Chairs

Ride Director: John Gerardi

johngerardi@hotmail.com

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margie.bodybyvi@gmail.com

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Valerie Thurston-Pittman

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Advocacy Director: Vikki Graham

vhg46@aol.com

Education & Safety Director:

Ken Robichaux

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Social Committee Director:

Rick Royer

rickroyer2@gmail.com

Merchandise Director: John Arney

johnaarney@gmail.com

Web Master: John Gerardi

johngerardi@hotmail.com

Publicity Director:

Mike & Debbie Griffith

griffohio@gmail.com

CBTC General Membership Meeting Minutes Monday February 1, 2016

There was no General Membership Meeting. The meeting was previously cancelled due to the unavailability of Tubby's Restaurant due to renovations. The next General Membership Meeting will be on March 7, 2016.

Issues of interest to all members covered in tonight's Board meeting:

1. The Secretary position has been filled by Doug Powelson.
2. The Board approved a motion by President Ken Robichaux to keep Jack Knops on the Board as a 'Member at Large'. Jack accepted appointment to this position.
3. The March Meeting will be held at Carey Hilliard's Restaurant on Abercorn Street (next to Savannah Toyota). This may replace Tubby's, being a more convenient location. Be advised that a gratuity is added to your bill.
4. Mike Griffith will develop and communicate details for a weekend ride in Gainesville, FL in late April on the Hawthorn Trail. <https://www.floridastateparks.org/trail/Gainesville-Hawthorne>
5. The Savannah Morning News has agreed to print the CBTC ride in the weekly events section.
6. Traffic Safety course TS101 will be offered in Savannah at the Savannah Bicycle Campaign office in May. Contact President Ken or the SBC office for more details.
7. If you have not already done so, please renew your 2016 membership by sending a check to Margie or use PayPal option on the club website (<http://cbtc.org/membership>). If you send a check to Margie, please include a completed Membership Application form (<http://cbtc.org/wp-content/uploads/2014/06/CBTC2015MembershipApplication.pdf>). It is important that we renew the liability waiver each year. Margie requests that you use a separate envelope. Folding/taping the application into an envelope makes it difficult to open and remove the checks without damage.
8. The pro rata membership dues rates only apply to New Members. Existing members are expected to renew at the annual rate for individual or family membership, regardless of when the dues are paid.
9. "Safety Issues during club rides" will be the topic for the March meeting. Ken Robichaux and Rick Royer will prepare the presentation.

Ride Leaders Wanted!

There are open dates available for you to choose next month and beyond. Contact John Gerardi to find out more about it. johngerardi@hotmail.com

Coastal Bicycle Touring Club March 2016 Ride Schedule



Helmets are required on all rides. No helmet = no ride!

Please arrive at least 30 minutes before the scheduled ride departure time. Ride leader's meeting will be held 15 minutes before departure time. Club members and Non-club members must sign the waiver form before every ride.

| Date / Time | Mileage | Ride | Leader |
|------------------------------------|----------------------------|---|----------------------------------|
| March 5 Saturday 10:00 A.M. | 31/26/20 mi (B/B-/C) | Liberty Trail Ride: Midway, GA. Meet at Holton's Seafood. I-95S to exit 76, then turn right. Holton's will be on your immediate left. | Ken Robichaux 912-656-7758 |
| March 12 Saturday 10:00 A.M. | 37/27/24/17 mi (B/B-C) | Springfield Ride: I-95 N to exit 109, then turn left. Follow Hwy 21 through Rincon. From Hwy 21, turn right onto Laurel Street and go 1.7 miles to Franklin Street and turn right then turn right onto N. Pine. Parking will be behind the County Court House adjacent to the CH annex. | Mike Griffith 614-216-3462 |
| March 19 Saturday 9:00 A.M. | 39/32/25/17 mi (B/B-/C) | Ellabell Ride: I-16 W to exit 143 and turn left. Proceed on Hwy 280 for 2.2 miles, then turn right on Wilma Edwards Rd. Proceed 1.5 miles to Hendrix Park on the left. Park in the center lot next to the gymnasium. | Jack Knops 912-663-8444 |
| March 26 Saturday 9:00 A.M. | 41/30/21 mi (A/B/B-/C) | Harris Neck Ride: South Newport, GA. I-95 S to exit 67, then turn left on Hwy 17/25S. Pull into the McDonalds and park in the gravel parking lot behind the restaurant. Please note the 1 hour earlier start time. | Darrel Snuggerud 912-598-2181 |
| April 2 Saturday 9:00 A.M. | 34/21 mi (B/B-/C) | Knowles Island Ride: Ridgeland, SC. I-95 N to exit 21 in SC then left onto Main Street. Go 0.1 miles and turn right at the Shell Station. Follow 0.1 miles to Jasper's Porch. Park in the back of the lot. | Don Gerosa 912-598-8156 |

Ride Classifications: A: 19+ mph, B: 17-18 mph, B-: 15-16 mph, C: 10-14 mph, S: 9-11 mph

If there is a ride cancellation due to inclement weather or previously unforeseen events, the CBTC web site will be updated with cancellation notice at least an hour and a half before the start of the ride. An email will also be sent to the club members.

Other Local Rides of Interest

Wed A.M. Several club members ride about 35 miles on Wednesdays at 10:00 AM (during winter) leaving from Berwick parking lot next to Fuddrucker's. Any riders are welcome but our current group speed is 17-18mph (Class B/B-). If interested, contact John Arney or Roy Mueller and they will add you to the short email list for updates concerning the ride.

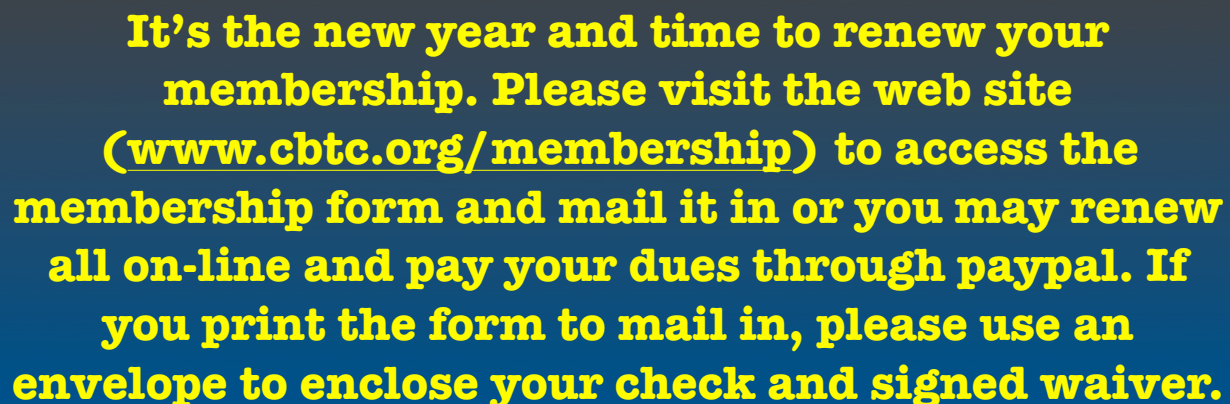
HOW TO REGISTER YOUR BIKE

Vikki Graham, our Advocacy Director, reports the following:

The Savannah Chatham Metro Police Department can be accessed via <http://scmpd.org/bicycle/Download> the registration form on http://scmpd.org/wp-content/uploads/2014/08/Bike-Registration_201211130847401673.pdf and take it to your local precinct to be registered. The registration will be entered into an online database. You will get a decal to put on your bike.

Check out the web site for a weekend of riding in Gainesville, FL on April 16th and 17th, generously organized by Mike Griffith. Rides are organized for Saturday and Sunday. A full description of the weekend is on the website, on the Ride Calendar page.

Also check out the website for other area rides of interest in the near future including the Jim Kruse Century and the BRAG Spring Tune-Up.



It's the new year and time to renew your membership. Please visit the web site (www.cbtc.org/membership) to access the membership form and mail it in or you may renew all on-line and pay your dues through paypal. If you print the form to mail in, please use an envelope to enclose your check and signed waiver.

Be sure to visit these shops. Take a look at the new bikes or just stop by to say hello. They'll be glad to see you. CBTC members get a 10% discount on parts and accessories (sorry, not on bicycles or repairs!). Check 'em out.

MIKE MAYNOR



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Ride Classifications - A/B/B-/C/S

A Very Fast - 19+ MPH (Avg. 19+ MPH flat road speed)

Vigorous riding with excellent bike handling skills. Expect cooperative contribution to group within abilities. No sweep, possible regrouping. Riders are expected to navigate on own if dropped.

B Fast - 17-18 MPH (Avg. 17+ MPH flat road speed)

Brisk to vigorous riding with above average bike handling skills. Expect cooperative contribution to group within abilities. No sweep, possible regrouping. Riders are expected to navigate on own if dropped.

B- Moderate - 15-16 MPH (Avg. 15+ MPH flat road speed)

Moderate to brisk riding with good bike handling skills. Some cooperative pacelining skills required. No sweep, possible regrouping. Riders are expected to be self-sufficient and navigate on own if dropped.

C Intermediate - 10-14 MPH (Avg. 12 MPH flat road speed)

Moderate riding, sightseeing and destination-oriented. Regroups often. A sweep may be appointed. Riders should be capable of riding at least 30 miles.

S Slow - 9-11 MPH (Avg. 10 MPH flat road speed)

Leisurely riding with more attention to scenery. Ride is paced to slowest rider. Regroups often. A sweep is always appointed. Riders should be capable of riding at least 25 miles.

- Keep a safe distance between you and the rider in front of you
- Ride no more than two abreast on quiet roads and only where it is safe to do so
- Ride single file on all busy roads
- Ride alert with your head up and eyes up the road

The group may stop for mechanical problems (if there is a designated sweep who can assist, then the ride can proceed). If a rider wishes to leave the route, tell the Ride Leader.

Go over the ride course, pointing out any areas of potential danger.

Revised Ride Classifications

Please take a minute to review our revised **Ride Classifications** and **Rider Tips** on the left-hand column of the page. They were updated to make them agree more closely with the classifications used nationally by other bike clubs. They haven't been reviewed since being adopted by CBTC in December 2007.

The gist of the changes is that the **A** ride has gotten upgraded to **Very Fast** with the **B** ride taking over the **Fast** classification. We've now added a new **B-** classification, called **Moderate**.

All three of these classifications expect the riders to be "self-sufficient", that is, capable of riding the route alone if dropped. It also means that these riders should be capable of changing a flat tire and carry a pump (or CO2 cartridges), tire irons, spare tubes, patch kit and tools. They should use a cycling computer and be able to read a cue sheet.

The **C** ride classification has not been changed; it still is called **Intermediate**. However, the C riders are not being asked to be "self-sufficient" since it is expected that they will learn these skills prior to moving up the B- rides.

The **Social S** ride has been made slower than the C ride, since it is paced to the slowest rider now.

Rider Tips

Select a ride that is within your ability based on the ride distance and pace indicated on our monthly Ride Schedule (see page 3). Call the Ride Leader with any questions or concerns. Trying a pace one level lower than were you think you should be is recommended for new members in order to introduce you to our riders.

All **A, B, and B-** riders should be **self-sufficient**, i.e. carry a pump, tire irons, spare tube, patch kit, tools, money and health insurance card. They should use a cycling computer and be able to read a cue sheet.

All riders in the club must wear and ANSI, SNELL, and/or CPSC approved helmet throughout a ride. All rides should bring one or two water bottles with them on a ride.

Check the CBTC website for any last minute ride updates.

Ride Leader Tips

Before the day of the ride, make sure you have sufficient cue sheets and one or two waiver (sign-in) forms. The Ride Director can provide these if you can't access the club's website.

If you are unfamiliar with the ride, it would be a good idea to ride the course with a cue sheet to be sure that it is accurate and you know the route. Marking the road with yellow paint at important turn is also a good idea.

If a rider call you with questions, make sure that your ride is within his or her ability, based on the ride distance and pace. Trying a lower distance or pace should be recommended for new members in order to introduce them to our rides.

Ride leaders should announce the following rules for safe riding before the start of a ride:

- Use hand signals to communicate turns, slowing, stopping and road surface hazards
- Slow and stop at all stop signs and traffic lights

The Coastal Bicycle Touring Club

CBTC web site: www.cbtc.org

Established on June 29, 1981, the Coastal Bicycle Touring Club (CBTC) consists of approximately 150 cyclists. Our club is the direct result of the first GASBE/BRAG ride in 1980. Our club consists of road touring, hybrid recumbent and tandem cyclists. Our goal is to provide an opportunity for all cyclists to join us and share in our enthusiasm for health, camaraderie, the love of the outdoors and a desire to learn more about ourselves and our sport. We also believe that our bicycle club should be an advocate for the sport in our communities while exhibiting and promoting safe cycling all the time.

CBTC is affiliated with the League of American Bicyclists, Georgia Bikes, Savannah Bicycle Campaign (SBC) and Safe Kids Coalition of Savannah.

CBTC dues pays for weekly e-mail updates, monthly newsletter, Club picnic and the Club Insurance. Please support our club.

Rides & Club Meetings

Club rides are offered every Saturday with varying distances, speeds and locations.

Club meetings are held the first Monday of the each month at Tubby's Restaurant in Thunderbolt. Dinner at 6:15 P.M. and meeting at 7:00.