



CBTC NEWSLETTER

Official Publication of the Coastal Bicycle Touring Club

CBTC, Post Office Box 14531, Savannah, GA 31416 www.cbtc.org

Check web site for the latest ride info: www.cbtc.org

February 2016

Bike Club Meeting

Carey Hilliard's

1111 Abercorn, Savannah

Monday Feb 1, 2015

BOARD MEETING

5:45 P.M. TO 6:15 P.M.

There will not be a general club meeting this month

2016 Board of Directors

President, Ken Robichaux

kenrobichaux@gmail.com

Vice President, Rick Royer

rickroyer2@gmail.com

Treasurer, Joe Kreger

jokreger@comcast.net

Secretary, Doug Powelson

doug.powelson@comcast.net

Member at Large, Roy Mueller

roy.mueller@gmail.com

2016 Committee Chairs

Ride Director: John Gerardi

johngerardi@hotmail.com

Membership Director:

Margie Robichaux

margie.bodybyvi@gmail.com

Newsletter Editor:

Valerie Thurston-Pittman

vrthurston@yahoo.com

Advocacy Director: Vikki Graham

vhg46@aol.com

Education & Safety Director:

Ken Robichaux

kenrobichaux@gmail.com

Social Committee Director:

Rick Royer

rickroyer2@gmail.com

Merchandise Director: John Arney

johnaarney@gmail.com

Web Master: John Gerardi

johngerardi@hotmail.com

Publicity Director:

Mike & Debbie Griffith

griffohio@gmail.com

CBTC General Membership Meeting Minutes

Monday January 4, 2016

President Ken Robichaux opened the General Meeting at 7:00 PM. Fourteen members were in attendance.

Issues of interest to all members covered in tonight's Board meeting:

1. The secretary will be stepping down. The Board is recruiting a replacement. All other Board members are remaining in their position.
2. President Ken Robichaux reminded members to pay their dues. A membership/dues form can be found on the website.
3. The president asked all members to actively oppose the proposed ban on cycling in Forsyth Park unless a reasonable alternative for North/South cycling traffic is offered by the City Council. The Savannah Bicycling Campaign has a link to make your opinion known.
4. Vice President Rick Royer is actively working on finding alternative meeting places, which are more centrally located. He asks for input from all members for suggestions of suitable restaurants with a meeting room close to the Abercorn/DeRenne axis.
5. Ride Director John Gerardi has developed a survey to solicit input from members regarding their wishes for the C Ride. The survey is published on the website. PLEASE RESPOND.
6. The President solicited input from members about meeting issues. Travelogues, heart rate monitors, cycling fitness were suggested topics.
7. **Next Meeting: club discussion of "Safety Issues during Club rides". Your input is very much wanted, especially in person, but if needed, by e-mail.**

CLUB AWARDS

National Bike Challenge. This year's CBTC winner is **William Webb**. Bill road more than 5000 miles in June, July, August and September. He is training for a coastal trip from Key West, Fla to the Northern tip of Maine! As reward for winning the club's NBC Bill will be served a free meal on behalf of the club.

Member-Of-The-Year Award. The award was presented by outgoing secretary Jack Knops. This award is meant to honor the member who has contributed the most to the club in terms of visibility, ideas, initiatives and plain hard work. The efforts of four members were recognized by the votes of club members. The overall winner was **John Gerardi**. Other members recognized for their outstanding work in the club and the cycling community were **Ken Robichaux, Rick Royer and Kim Turner**. Our congratulations and thanks to all. The winner received, on loan for a year, a garden or hall ornament in the shape of a 1890's style bicycle, painted in club colors this year, carrying a basket of flowers, also in club colors.

The meeting adjourned at 7:55 PM.

Respectfully submitted,
Jack Knops, Secretary

Ride Leaders Wanted!

There are open dates available for you to choose next month and beyond. Contact John Gerardi to find out more about it. johngerardi@hotmail.com

Coastal Bicycle Touring Club January 2016 Ride Schedule



Helmets are required on all rides. No helmet = no ride!

Please arrive at least 30 minutes before the scheduled ride departure time. Ride leader's meeting will be held 15 minutes before departure time. Club members and Non-club members must sign the waiver form before every ride.

| Date / Time | Mileage | Ride | Leader |
|---------------------------------------|---------------------------------|---|--|
| January 30 Saturday 10:00 A.M. | 39/32/22 mi (A/B/B-/C) | Ride to Fancy Hall: Richmond Hill, GA. I-95 S to Hwy 144. Turn left and then proceed 5 miles to Publix on the right. | Roy Mueller 912-660-2387 |
| February 6 Saturday 10:00 A.M. | 40/28 mi (B/B-) No C Ride | Coffee Bean Ride: Savannah, GA. Meet downtown at Gallery Espresso at the corner of Bull and Perry Streets | John Arney 912-660-4088 |
| February 13 Saturday 10:00 A.M. | 31/22 mi (B/B-) 10 mi (S) | Soup's On Ride: Guyton, GA. Meet at Deb and Mike Griffith's home at 2 Lakeview Drive. From Savannah, take Hwy 80 through Pooler and Bloomingdale. Turn Right on Hwy 17 and follow to Guyton. Turn left at the stop sign and make another immediate left onto Central Ave. Lakeview Dr will be on the right. | Mike and Deb Griffith 614-216-3462 614-216-3461 |
| February 20 Saturday 10:00 A.M. | 36/25/20 mi (B/B-/C) | Kilkenny Ride: Richmond Hill. Take Hwy 17 S or I-95 to Richmond Hill Exit. Go East about 5 miles on GA-144/Ford Avenue, then turn left on GA-144 Spur and go 4 miles to Ft. McAllister State Park entrance, but park at the boat ramp on the left just before the park entrance. | Roy Mueller 912-660-2387 |
| February 27 Saturday 10:00 A.M. | 32/25 mi (B/B-) | Pink Pig Ride: Hardeville, SC: Meet at the Shell Station at the corner of 3507 S. Okatie Highway and Levy Rd. From Savannah, take I-16E and take exit to cross Talmage Bridge (Hwy 17). Continue on Hwy 17 and turn right on SC-315. The Shell station will be on the left. | John Baynard 912-598-8687 |

Ride Classifications: A: 19+ mph, B: 17-18 mph, B-: 15-16 mph, C: 10-14 mph, S: 9-11 mph

If there is a ride cancellation due to inclement weather or previously unforeseen events, the CBTC web site will be updated with cancellation notice at least an hour and a half before the start of the ride. An email will also be sent to the club members.

Other Local Rides of Interest

Wed A.M. Several club members ride about 35 miles on Wednesdays at 10:00 AM (during winter) leaving from Berwick parking lot next to Fuddrucker's. Any riders are welcome but our current group speed is 17-18mph (Class B/B-). If interested, contact John Arney or Roy Mueller and they will add you to the short email list for updates concerning the ride.

Soup's On Ride

Meet at Deb and Mike Griffith's home at 2 Lakeview Drive. Please bring a soup or salad or dessert to share after the ride. Please call Mike at 614-216-3462 or Deb at 614-216-3461 and let them know what you are bringing. There is ample parking at their house. Note that the 10 mile ride is a slower speed social ride. This will be especially enjoyed by new or infrequent riders as well as those looking to enjoy one of Georgia's scenic byways on Honey Ridge road. After the ride, warm up and enjoy some fellowship with your fellow cyclist with some delicious soup

I would like to take a moment to give our thanks and appreciation to Mr. Jack Knops for his hard work and dedication to the office of club secretary these last several years. It has been a great pleasure serving on the board with you, Jack. We wish many more years of happy and safe riding with our club.

We would also like to thank Mr. Doug Powelson for volunteering to succeed Jack in the office of CBTC Secretary. Welcome Doug. We hope your tenure will be happy and full of lots of safe rides.

HOW TO REGISTER YOUR BIKE

Vikki Graham, our Advocacy Director, reports the following:

The Savannah Chatham Metro Police Department can be accessed via <http://scmpd.org/bicycle/Download> the registration form on http://scmpd.org/wp-content/uploads/2014/08/Bike-Registration_201211130847401673.pdf and take it to your local precinct to be registered. The registration will be entered into an online database. You will get a decal to put on your bike.

Be sure to visit these shops. Take a look at the new bikes or just stop by to say hello. They'll be glad to see you. CBTC members get a 10% discount on parts and accessories (sorry, not on bicycles or repairs!). Check 'em out.

MIKE MAYNOR



Phone (912) 692-1005
Fax (912) 401-0194

www.qualitybikeshop.com
1127 East Montgomery Cross Road • Savannah, Georgia 31406



BICYCLE LINK
www.BICYCLELINKSAV.com

John Skiljan

210 W. Victory Dr.
Savannah, GA 31405

(912) 233-9401
john@bicyclelinksav.com

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www.starbikesavannah.com

BRANCHES: BEARD • JAMES • RALEIGH • DIAMONDBACK

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RUBBER
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240 Bull Street
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843-815-8281

70 Pennington Dr. • Village at Sheridan Park • Bluffton, SC 29910

It's the new year and time to renew your membership. Please visit the web site (www.cbtc.org/membership) to access the membership form and mail it in or you may renew all on-line and pay your dues through paypal.

Ride Classifications - A/B/B-/C/S

A Very Fast - 19+ MPH (Avg. 19+ MPH flat road speed)

Vigorous riding with excellent bike handling skills. Expect cooperative contribution to group within abilities. No sweep, possible regrouping. Riders are expected to navigate on own if dropped.

B Fast - 17-18 MPH (Avg. 17+ MPH flat road speed)

Brisk to vigorous riding with above average bike handling skills. Expect cooperative contribution to group within abilities. No sweep, possible regrouping. Riders are expected to navigate on own if dropped.

B- Moderate - 15-16 MPH (Avg. 15+ MPH flat road speed)

Moderate to brisk riding with good bike handling skills. Some cooperative pacelining skills required. No sweep, possible regrouping. Riders are expected to be self-sufficient and navigate on own if dropped.

C Intermediate - 10-14 MPH (Avg. 12 MPH flat road speed)

Moderate riding, sightseeing and destination-oriented. Regroups often. A sweep may be appointed. Riders should be capable of riding at least 30 miles.

S Slow - 9-11 MPH (Avg. 10 MPH flat road speed)

Leisurely riding with more attention to scenery. Ride is paced to slowest rider. Regroups often. A sweep is always appointed. Riders should be capable of riding at least 25 miles.

- Keep a safe distance between you and the rider in front of you
- Ride no more than two abreast on quiet roads and only where it is safe to do so
- Ride single file on all busy roads
- Ride alert with your head up and eyes up the road

The group may stop for mechanical problems (if there is a designated sweep who can assist, then the ride can proceed). If a rider wishes to leave the route, tell the Ride Leader.

Go over the ride course, pointing out any areas of potential danger.

Revised Ride Classifications

Please take a minute to review our revised **Ride Classifications** and **Rider Tips** on the left-hand column of the page. They were updated to make them agree more closely with the classifications used nationally by other bike clubs. They haven't been reviewed since being adopted by CBTC in December 2007.

The gist of the changes is that the **A** ride has gotten upgraded to **Very Fast** with the **B** ride taking over the **Fast** classification. We've now added a new **B-** classification, called **Moderate**.

All three of these classifications expect the riders to be "self-sufficient", that is, capable of riding the route alone if dropped. It also means that these riders should be capable of changing a flat tire and carry a pump (or CO2 cartridges), tire irons, spare tubes, patch kit and tools. They should use a cycling computer and be able to read a cue sheet.

The **C** ride classification has not been changed; it still is called **Intermediate**. However, the C riders are not being asked to be "self-sufficient" since it is expected that they will learn these skills prior to moving up the B- rides.

The **Social S** ride has been made slower than the C ride, since it is paced to the slowest rider now.

Rider Tips

Select a ride that is within your ability based on the ride distance and pace indicated on our monthly Ride Schedule (see page 3). Call the Ride Leader with any questions or concerns. Trying a pace one level lower than were you think you should be is recommended for new members in order to introduce you to our riders.

All **A**, **B**, and **B-** riders should be **self-sufficient**, i.e. carry a pump, tire irons, spare tube, patch kit, tools, money and health insurance card. They should use a cycling computer and be able to read a cue sheet.

All riders in the club must wear and ANSI, SNELL, and/or CPSC approved helmet throughout a ride. All rides should bring one or two water bottles with them on a ride.

Check the CBTC website for any last minute ride updates.

Ride Leader Tips

Before the day of the ride, make sure you have sufficient cue sheets and one or two waiver (sign-in) forms. The Ride Director can provide these if you can't access the club's website.

If you are unfamiliar with the ride, it would be a good idea to ride the course with a cue sheet to be sure that it is accurate and you know the route. Marking the road with yellow paint at important turn is also a good idea.

If a rider call you with questions, make sure that your ride is within his or her ability, based on the ride distance and pace. Trying a lower distance or pace should be recommended for new members in order to introduce them to our rides.

Ride leaders should announce the following rules for safe riding before the start of a ride:

- Use hand signals to communicate turns, slowing, stopping and road surface hazards
- Slow and stop at all stop signs and traffic lights

The Coastal Bicycle Touring Club

CBTC web site: www.cbtc.org

Established on June 29, 1981, the Coastal Bicycle Touring Club (CBTC) consists of approximately 150 cyclists. Our club is the direct result of the first GASBE/BRAG ride in 1980. Our club consists of road touring, hybrid recumbent and tandem cyclists. Our goal is to provide an opportunity for all cyclists to join us and share in our enthusiasm for health, camaraderie, the love of the outdoors and a desire to learn more about ourselves and our sport. We also believe that our bicycle club should be an advocate for the sport in our communities while exhibiting and promoting safe cycling all the time.

CBTC is affiliated with the League of American Bicyclists, Georgia Bikes, Savannah Bicycle Campaign (SBC) and Safe Kids Coalition of Savannah.

CBTC dues pays for weekly e-mail updates, monthly newsletter, Club picnic and the Club Insurance. Please support our club.

Rides & Club Meetings

Club rides are offered every Saturday with varying distances, speeds and locations.

Club meetings are held the first Monday of the each month at Tubby's Restaurant in Thunderbolt. Dinner at 6:15 P.M. and meeting at 7:00.