



# CBTC NEWSLETTER

Official Publication of the Coastal Bicycle Touring Club

CBTC, Post Office Box 14531, Savannah, GA 31416 [www.cbtc.org](http://www.cbtc.org)

Check web site for the latest ride info: [www.cbtc.org](http://www.cbtc.org)

January 2016

## *Bike Club Meeting*

Tubby's Tank House  
2909 River Drive, Thunderbolt  
**Monday Jan 4, 2015**  
BOARD MEETING  
5:45 P.M. TO 6:15 P.M.  
7:00 P.M. Bike Club Meeting

### 2015 Board of Directors

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### 2015 Committee Chairs

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## **CBTC General Membership Meeting Minutes Monday November 9, 2015**

**President Ken Robichaux** opened the General Meeting at 7:00 PM. Eleven members were in attendance.

### **Issues of interest to all members covered in tonight's Board meeting:**

1. **Safety** is the # 1 concern of the Board at present. A lecture/forum will be held during the February General Meeting. All members are encouraged to air views, opinions, suggestions on improving safety of our rides.
2. **The C Ride** is the # 2 concern of the Board. Input from members will be sought via a survey of all members.
3. A proposal was made to investigate where the club meetings could/should be held if the "**most common zipcode**" of members was used as the parameter.
4. Some of the **recent street repairs in Thunderbolt** are smooth as silk, especially on parts of Bonaventure Avenue, Falligant Avenue and Mechanics Street. Please check it out for yourself. A board member has been (t)asked to get in touch with the Savannah Bicycle Campaign and the Savannah Wheelmen to see if common action of these three bicycling organizations can bring publicity to unnecessarily bumpy and hazardous road repairs in Savannah and surrounding communities.

**Tonight's presentation** was brought to us by Club Secretary John Girardi on the subject of **changing a tire**. He consulted a website ([knowcycling.com](http://knowcycling.com)) which he recommended as being particularly helpful and where he found an article entitled "How to select a road tire". In his overview the speaker explained the differences and relative advantages of three rim types, the clincher, tubular and tubeless and their corresponding tires. The speaker provided an informed opinion as well on the latex tube: buy it if you do not mind frequent pumping. The relative advantages of all three tires was discussed on several criteria: rolling resistance; aerodynamics; puncture resistance; handling; design quality and tire width. The speaker also provided valuable information on other practical issues such as the cost of tires and the best selling tires.

We then had a hands-on demonstration of key points in the changing of a tire and repairing a flat; the types and relative advantages of long vs short tube stems and threaded vs non-threaded stems.

The audience was much involved and offered personal experiences and asked relevant questions. A good time was had by all. Thanks John.

### **The meeting adjourned at 7:55 PM.**

Respectfully submitted,  
Jack Knops, Secretary

**Ride Leaders Wanted!**

There are open dates available for you to choose next month and beyond. Contact John Gerardi to find out more about it. [johngerardi@hotmail.com](mailto:johngerardi@hotmail.com)

## Coastal Bicycle Touring Club January 2016 Ride Schedule



**Helmets are required on all rides. No helmet = no ride!**

**Please arrive at least 30 minutes before the scheduled ride departure time. Ride leader's meeting will be held 15 minutes before departure time. Club members and Non-club members must sign the waiver form before every ride.**

Date / Time	Mileage	Ride	Leader
December 26 Saturday 10:00 A.M.	34/21 mi (B, B-/C)	Knowles Island Ride: Ridgeland, SC. I-95 N to Exit 21 (Ridgeland). Left at the bottom of the ramp onto Main Street. Go 0.1 miles and make a right at the Shell gas station. Follow 0.1 miles to Jasper's Porch. Park in the back of the lot	Darrel Snuggerud 912-598-2181
January 1 Friday 10:00 A.M.	25 mi (S)	Jewell of a Ride: Isle of Hope. Meet at the north end of Forsyth Park where Bull meets Gaston. Ride is designed for new riders and/or for those looking for a slower ride.	John Arney 912-660-4088
January 2 Saturday 10:00 A.M.	31/26/20 mi (B/B-/C)	Liberty Trail Ride: Midway, GA. Meet at Holton's Seafood Restaurant. I-95 S to exit 76, then turn right. Holton's will be on your immediate left.	John Arney 912-660-4088
January 9 Saturday 10:00 A.M.	39/32/27/18 mi (B/B-/C)	Ellabell Ride: I-16 W to exit 143, then turn left. Proceed 2.2 miles on Hwy 280. Turn right on Wilma Edwards Rd. Go 1.5 miles to Hendrix Park on the left. Park in the center lot next to the gymnasium	
January 16 Saturday 10:00 A.M.	41/30/21 mi (B/B-/C)	Harris Neck Ride: South Newport, GA. I-95 S to exit 67. Turn left on Hwy 17/25 S. Pull in to McDonalds and park in the gravel parking lot behind the restaurant.	Darrel Snuggerud 912-598-2181
January 23 Saturday 10:00 A.M.	35/26/21 mi (A/B/B-/C)	Rincon Ride: Meet at the Kroger grocery on northeast side of Hwy 21. I-95 N to exit 109, turn left. Go approx. 6 miles on Hwy 21 to Rincon.	Joel Mitchel 912-704-3888
January 30 Saturday 10:00 A.M.	39/32/22 mi (A/B/B-/C)	Ride to Fancy Hall: Richmond Hill, GA. I-95 S to Hwy 144. Turn left and then proceed 5 miles to Publix on the right.	Roy Mueller 912-660-2387

*Ride Classifications: A: 19+ mph, B: 17-18 mph, B-: 15-16 mph, C: 10-14 mph, S: 9-11 mph*

If there is a ride cancellation due to inclement weather or previously unforeseen events, the CBTC web site will be updated with cancellation notice at least an hour and a half before the start of the ride. An email will also be sent to the club members.

### Other Local Rides of Interest

*Wed A.M. Several club members ride about 35 miles on Wednesdays at 10:00 AM (during winter) leaving from Berwick parking lot next to Fuddrucker's. Any riders are welcome but our current group speed is 17-18mph (Class B/B-). If interested, contact John Arney or Roy Mueller and they will add you to the short email list for updates concerning the ride.*

## Member of the Year

It is that time of the year again. Each year the Board implores all club members to vote for the member who in their view has done most this year to:

- ★ keep the club functioning
- ★ promote the growth of the club
- ★ promote the enjoyment of bicycling

Please take a minute of your time to send an e-mail with the name of one person to the secretary Jack Knops at [Dunfknops@comcast.net](mailto:Dunfknops@comcast.net) with a copy to treasurer Joe Kreger ([joekreger@comcast.net](mailto:joekreger@comcast.net)).

The voting ends on December 31st. The winner receives a trophy (to be kept for one year, then passed on), a certificate and ABOVE ALL the much deserved recognition from his or her bicycling peers.

**THERE'S STILL TIME TO SUBMIT YOUR VOTE! PLEASE VOTE!**

### Newsletter Editor's Note:

So motherhood is a bit more time consuming than I thought. I apologize for not getting this newsletter out sooner. I hope to be able to rejoin the riding group soon. I hope you all have a very merry holiday season and happy new year.

Happy Riding!

Valerie Thurston-Pittman



## HOW TO REGISTER YOUR BIKE

Vikki Graham, our Advocacy Director, reports the following:

The Savannah Chatham Metro Police Department can be accessed via <http://scmpd.org/bicycle/Download> the registration form on [http://scmpd.org/wp-content/uploads/2014/08/Bike-Registration\\_201211130847401673.pdf](http://scmpd.org/wp-content/uploads/2014/08/Bike-Registration_201211130847401673.pdf) and take it to your local precinct to be registered. The registration will be entered into an online database. You will get a decal to put on your bike.

**Be sure to visit these shops. Take a look at the new bikes or just stop by to say hello. They'll be glad to see you. CBTC members get a 10% discount on parts and accessories (sorry, not on bicycles or repairs!). Check 'em out.**



**MIKE MAYNOR**  
 Phone (912) 692-1005  
 Fax (912) 401-0194  
[www.qualitybikeshop.com](http://www.qualitybikeshop.com)  
 1127 East Montgomery Cross Road • Savannah, Georgia 31406



**John Skiljan**  
[www.BICYCLELINKSAV.com](http://www.BICYCLELINKSAV.com)  
 210 W. Victory Dr.  
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## Ride Classifications - A/B/B-/C/S

### **A Very Fast - 19+ MPH (Avg. 19+ MPH flat road speed)**

Vigorous riding with excellent bike handling skills. Expect cooperative contribution to group within abilities. No sweep, possible regrouping. Riders are expected to navigate on own if dropped.

### **B Fast - 17-18 MPH (Avg. 17+ MPH flat road speed)**

Brisk to vigorous riding with above average bike handling skills. Expect cooperative contribution to group within abilities. No sweep, possible regrouping. Riders are expected to navigate on own if dropped.

### **B- Moderate - 15-16 MPH (Avg. 15+ MPH flat road speed)**

Moderate to brisk riding with good bike handling skills. Some cooperative pacelining skills required. No sweep, possible regrouping. Riders are expected to be self-sufficient and navigate on own if dropped.

### **C Intermediate - 10-14 MPH (Avg. 12 MPH flat road speed)**

Moderate riding, sightseeing and destination-oriented. Regroups often. A sweep may be appointed. Riders should be capable of riding at least 30 miles.

### **S Slow - 9-11 MPH (Avg. 10 MPH flat road speed)**

Leisurely riding with more attention to scenery. Ride is paced to slowest rider. Regroups often. A sweep is always appointed. Riders should be capable of riding at least 25 miles.

- Keep a safe distance between you and the rider in front of you
- Ride no more than two abreast on quiet roads and only where it is safe to do so
- Ride single file on all busy roads
- Ride alert with your head up and eyes up the road

The group may stop for mechanical problems (if there is a designated sweep who can assist, then the ride can proceed). If a rider wishes to leave the route, tell the Ride Leader.

Go over the ride course, pointing out any areas of potential danger.

## Revised Ride Classifications

Please take a minute to review our revised **Ride Classifications** and **Rider Tips** on the left-hand column of the page. They were updated to make them agree more closely with the classifications used nationally by other bike clubs. They haven't been reviewed since being adopted by CBTC in December 2007.

The gist of the changes is that the **A** ride has gotten upgraded to **Very Fast** with the **B** ride taking over the **Fast** classification. We've now added a new **B-** classification, called **Moderate**.

All three of these classifications expect the riders to be "self-sufficient", that is, capable of riding the route alone if dropped. It also means that these riders should be capable of changing a flat tire and carry a pump (or CO2 cartridges), tire irons, spare tubes, patch kit and tools. They should use a cycling computer and be able to read a cue sheet.

The **C** ride classification has not been changed; it still is called **Intermediate**. However, the C riders are not being asked to be "self-sufficient" since it is expected that they will learn these skills prior to moving up the B- rides.

The **Social S** ride has been made slower than the C ride, since it is paced to the slowest rider now.

## Rider Tips

Select a ride that is within your ability based on the ride distance and pace indicated on our monthly Ride Schedule (see page 3). Call the Ride Leader with any questions or concerns. Trying a pace one level lower than were you think you should be is recommended for new members in order to introduce you to our riders.

All **A, B, and B-** riders should be **self-sufficient**, i.e. carry a pump, tire irons, spare tube, patch kit, tools, money and health insurance card. They should use a cycling computer and be able to read a cue sheet.

**All riders in the club must wear and ANSI, SNELL, and/or CPSC approved helmet throughout a ride.** All rides should bring one or two water bottles with them on a ride.

Check the CBTC website for any last minute ride updates.

## Ride Leader Tips

Before the day of the ride, make sure you have sufficient cue sheets and one or two waiver (sign-in) forms. The Ride Director can provide these if you can't access the club's website.

If you are unfamiliar with the ride, it would be a good idea to ride the course with a cue sheet to be sure that it is accurate and you know the route. Marking the road with yellow paint at important turn is also a good idea.

If a rider call you with questions, make sure that your ride is within his or her ability, based on the ride distance and pace. Trying a lower distance or pace should be recommended for new members in order to introduce them to our rides.

Ride leaders should announce the following rules for safe riding before the start of a ride:

- Use hand signals to communicate turns, slowing, stopping and road surface hazards
- Slow and stop at all stop signs and traffic lights

### The Coastal Bicycle Touring Club

CBTC web site: [www.cbtc.org](http://www.cbtc.org)

Established on June 29, 1981, the Coastal Bicycle Touring Club (CBTC) consists of approximately 150 cyclists. Our club is the direct result of the first GASBE/BRAG ride in 1980. Our club consists of road touring, hybrid recumbent and tandem cyclists. Our goal is to provide an opportunity for all cyclists to join us and share in our enthusiasm for health, camaraderie, the love of the outdoors and a desire to learn more about ourselves and our sport. We also believe that our bicycle club should be an advocate for the sport in our communities while exhibiting and promoting safe cycling all the time.

CBTC is affiliated with the League of American Bicyclists, Georgia Bikes, Savannah Bicycle Campaign (SBC) and Safe Kids Coalition of Savannah.

CBTC dues pays for weekly e-mail updates, monthly newsletter, Club picnic and the Club Insurance. Please support our club.

### Rides & Club Meetings

Club rides are offered every Saturday with varying distances, speeds and locations.

Club meetings are held the first Monday of the each month at Tubby's Restaurant in Thunderbolt. Dinner at 6:15 P.M. and meeting at 7:00.