



CBTC NEWSLETTER

Official Publication of the Coastal Bicycle Touring Club

CBTC, Post Office Box 14531, Savannah, GA 31416 www.cbtc.org

Check web site for the latest ride info: www.cbtc.org

October 2014

Bike Club Meeting

Tubby's Tank House
2909 River Drive, Thunderbolt
Monday October 6, 2014
BOARD MEETING
5:45 P.M. TO 6:15 P.M.
7:00 P.M. Bike Club Meeting
OCTOBER PROGRAM:

TBA

Presented by TBA

2014 Board of Directors

President, Ken Robichaux
kenrobichaux@gmail.com
Vice President, Darrel Snuggerud
dsnuggerud@me.com
Treasurer, Joe Kreger
joekreger@comcast.net
Secretary, Jack Knops
dunfknops@comcast.net
Member at Large, Edward Jewell
erjewell@msn.com

2014 Committee Chairs

Ride Director, John Gerardi
johngerardi@hotmail.com
Membership Director, Bob Smith
smithrobertf@comcast.net
Newsletter Editor,
Valerie Thurston-Pittman
vrthurston@yahoo.com
Advocacy Director, vacant
Education & Safety Director
Ken Robichaux
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Rick Royer
rickroyer2@gmail.com
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Web Master, Mike McAlister
mike@subroc.net
Publicity Director,
Margie Robichaux
margie.bodybyvi@gmail.com

CBTC General Membership Meeting Minutes Tuesday, September 7, 2014

President Ken Robichaux opened the general meeting at 7:00 PM. Twenty One members were in attendance.

The president had the following announcements:

1. One new member joined this month: **Richelle Southwick**. The president asked to make her feel welcome.
2. He reviewed the club's participation in this year's **Savannah Century**. We have two new Centurions, Mike and Scarla McAlister. Ten club members participated in Sunday's two centuries, and a large number participated on Saturday as well. Ed Jewell led Sunday's Isle of Hope Ride, with no sweep (!). All rides were well attended. Also, club members Mike and Debra Griffith hosted the Guyton rest stop and Valerie Thurston-Pittman helped out on the last rest stop and all three did a great job.
3. The president reported on **Coal Rolling**. This is a new annoyance for bicyclists, pedestrians and small cars brought on primarily by truck drivers. A device allows the truck driver to emit a very dense, black, cloud of diesel exhaust, which envelopes the bicyclist, impairs his/her vision and exposes him/her to toxic fumes. The practice is dangerous, violates EPA laws and state laws against aggressive driving, and is therefore illegal. One club member was targeted and reported the event to the Board. The Board decided to take the following action:
 - a. To encourage riders to wear rearview mirrors and, when able, to wear cameras.
 - b. To provide information on camera prices, quality etc. to record Coal Rolling, and to remind riders prior to each ride to look for license plate numbers following any assault.
 - c. To encourage members who have been "coal rolled" and who have a license plate number to take legal action. The club will contribute up to \$ 250 to a club member who takes legal action.
4. Margie Robichaux reported on our standings in the National Bike Challenge. Ed Jewell is ranked second in the state and second in our area. We are ranked 69th nationally and fifth in the state. We are within striking distance of second place in Georgia. Margie announced that the club has already accumulated enough miles for a ride around the Equator!
5. Social Director Rick Royer mentioned that the Fall Social Outing had been arranged as planned. On September 27, the club will start a 37 and 26 mile ride from the Butterducks Winery in Guyton and end there with lunch and a wine tasting party thereafter. Riders and other participants can park at the Winery and they are asked to bring a sack lunch. The Winery

(continued on page 2)

(continued from page 1)

features a taste package of ten tastes for \$ 6,-; a taste package of 6 tastes for \$ 3,- and offers three tastes to all participants for free. E-mail Rick to RSVP.

6. The next meeting will be on Monday, October 6th, 2014.

With the occasional help of other participants the President then reviewed this year's edition of the **Silver Comet**. There were seven riding participants and a cocktail hostess: John and Pam Gerardi, Jack Knops and Karen Dunford, Mike and Scarla McAlister, Ed Jewell and Ken Robichaux. On Saturday two friends of Ed, Mike and Steven, joined us. The slide show provided a good overview of riding conditions, scenery and the good times being had at local restaurants.

The meeting was then turned over to **Webmaster Mike McAlister**, who delivered a comprehensive and reassuring overview of the **use of the website**. The content and headings have been preserved. The Cue sheets were cleaned with the help of Bob Smith. Maps are provided for the individual rides. Newsletters will be archived and remain accessible. The Ride News is new and will contain a quick after-the-ride summary that allows for some levity. Also new is the Forum. This feature is private, for members only, and requires a password and username easy to arrange with the Webmaster. Mike provided interesting information about hits the site has received so far: about 1500 in two months, from all parts of the world, with an average length of almost 4 minutes. The Entry Page, Ride Calendar and Cue sheets are the most popular pages in that order. The webmaster and the Board have high hopes for the Forum and the webmaster pledged to help any member learn to use the site. A suggestion was made to include a "For Sale" section. This will be considered.

Member-at-Large **Ed Jewell** then announced that the Board voted unanimously to award the **Lifetime Honorary Status** to four members who have been present since the beginning of the club in 1981. They are **Marianne Scheer, Sam Scheer, Anne Glendenning and Dot Moss**. Miraculously three of them were present at the meeting and we will make an attempt to locate the fourth. Honorary membership is the club's way to thank members who have devoted so much time to the club and it brings as a benefit that no longer dues need to be paid. **Marianne Scheer** reminisced on the early beginnings, which were at the kitchen table of Dot Moss. **Anne Glendenning** served as the first ride director of BRAGG, which was then called Georgia Annual Safe Biking Event (GASBE). Marianne still rides and participated in last year's Silver Comet. **Sam Scheer** revealed that he was clued in early on by a biking neighbor that a great aerodynamic help is to shave your legs. All three were genuinely pleased by the award and especially by the growth of the club and the expansion of biking as a healthy activity. It was a fitting end to a very enjoyable evening.

The meeting adjourned at 8:10 PM.

Respectfully submitted, Jack Knops, Secretary

Edward R. Jewell

1939-2014

It is with a sad heart that we announce the passing of Coastal Bicycle Touring Club's Member at Large, Mr. Edward Jewell on September 23. Ed was a founding member of CBTC and was the Member at Large for the last several years. I remember my first ride with the club and seeing this slight man and thinking this ride is not going to go well for him. Little did I know how many miles Ed rides every year and I was the one left in his dust. Ed's presence on our rides will be sorely missed.

Ride Leaders Wanted!

There are open dates available for you to choose next month and beyond. Contact any board member to find out more about it.

Coastal Bicycle Touring Club October 2014 Ride Schedule



Helmets are required on all rides. No helmet = no ride!

Please arrive at least 30 minutes before the scheduled ride departure time. Ride leader's meeting will be held 15 minutes before departure time. Club members and Non-club members must sign the waiver form before every ride.

Date	Time	Distance (Class)	Ride Name	Location and Direction to Start Location	Ride Leader(s)
Sun Oct 5	9:00 A.M.	35 (B/B-) 25 (C)	Right Turn Clyde Ride	Savannah, GA: Meet at the Kroger parking lot on Hwy 17 in Berwick Shopping Center. From Savannah, take SR-25 (Rte 80 and 17) west (Ogeechee Road) for 8 miles. The Kroger shopping center will be on your right. Note this ride is on Sunday, not Saturday!	Mike McAlister 912-713-6399
Sat Oct 11	9:00 A.M.	32, 42, 50, 66 (B) 18 (C)	Coastal Carolina Ride	Hardeeville, SC: Go north on I-95 to exit 8 in SC and go right. Go approximately 1/4 mile to the hospital parking lot on the left. This is a joint ride with the Kickin' Asphalt Club	
Sat Oct 18	10:00 A.M.	36 (B/B-) 25 (C)	Kilkenny Ride	Richmond Hill, GA: Take Hwy 17 south or I-95 S to the Richmond Hill exit. Go east about 5 miles on GA-144/ Ford Avenue, then turn left on GA-144 Spur. Go 4 miles to just before the Ft. McAllister State Park entrance. Park at the boat ramp on the left	Roy Mueller 912-660-2387 31.8861 lat -81.2077 long
Sat Oct 25	9:00 A.M.	39/32 (A/ B/B-) 27 (C)	Ellabelle Ride	Ellabelle, GA: From Savannah, take I-16 west to exit 143. Turn left on Hwy 280 for 2.2 miles, then go right on Wilma Edwards Road for 1.5 miles to Hendrix Park on the left. Park in back at the covered pavilion	Valerie Thurston-Pittman 912-596-4056

Ride Classifications: A: 19+ mph, B: 17-18 mph, B-: 15-16 mph, C: 10-14 mph, S: 9-11 mph

Other Rides of Interest

★Wed A.M. L. Scott Stell Park: Several club members ride about 35 miles on Wednesdays at 9:00 AM leaving from the L. Scott Stell Park off Bush road. Any riders are welcome but our current group speed is Class B/B-. If interested, contact Roy Mueller and he will add you to the short email list for updates concerning it.

Got something to discuss with other cyclists? Have a question about cycling, cycling routes, multi-day cycling trips, cycling gear? Have a question not related to cycling, but will like the advise / opinion of your fellow cyclists? Want a place to post that is not Facebook? Join us on the CBTC forum at <http://cbtc.org/forum/>

Ride Classifications - A/B/B-/C/S

A Very Fast - 19+ MPH (Avg. 19+ MPH flat road speed)

Vigorous riding with excellent bike handling skills. Expect cooperative contribution to group within abilities. No sweep, possible regrouping. Riders are expected to navigate on own if dropped.

B Fast - 17-18 MPH (Avg. 17+ MPH flat road speed)

Brisk to vigorous riding with above average bike handling skills. Expect cooperative contribution to group within abilities. No sweep, possible regrouping. Riders are expected to navigate on own if dropped.

B- Moderate - 15-16 MPH (Avg. 15+ MPH flat road speed)

Moderate to brisk riding with good bike handling skills. Some cooperative pacelining skills required. No sweep, possible regrouping. Riders are expected to be self-sufficient and navigate on own if dropped.

C Intermediate - 10-14 MPH (Avg. 12 MPH flat road speed)

Moderate riding, sightseeing and destination-oriented. Regroups often. A sweep may be appointed. Riders should be capable of riding at least 30 miles.

S Slow - 9-11 MPH (Avg. 10 MPH flat road speed)

Leisurely riding with more attention to scenery. Ride is paced to slowest rider. Regroups often. A sweep is always appointed. Riders should be capable of riding at least 25 miles.

Rider Tips

Select a ride that is within your ability based on the ride distance and pace indicated on our monthly Ride Schedule (see page 3). Call the Ride Leader with any questions or concerns. Trying a pace one level lower than were you think you should be is recommended for new members in order to introduce you to our riders.

All **A**, **B**, and **B-** riders should be **self-sufficient**, i.e. carry a pump, tire irons, spare tube, patch kit, tools, money and health insurance card. They should use a cycling computer and be able to read a cue sheet.

All riders in the club must wear and ANSI, SNELL, and/or CPSC approved helmet throughout a ride. All rides should bring one or two water bottles with them on a ride.

Check the CBTC website for any last minute ride updates.

Ride Leader Tips

Before the day of the ride, make sure you have sufficient cue sheets and one or two waiver (sign-in) forms. The Ride Director can provide these if you can't access the club's website.

If you are unfamiliar with the ride, it would be a good idea to ride the course with a cue sheet to be sure that it is accurate and you know the route. Marking the road with yellow paint at important turn is also a good idea.

If a rider call you with questions, make sure that your ride is within his or her ability, based on the ride distance and pace. Trying a lower distance or pace should be recommended for new members in order to introduce them to our rides.

Ride leaders should announce the following rules for safe riding before the start of a ride:

- Use hand signals to communicate turns, slowing, stopping and road surface hazards
- Slow and stop at all stop signs and traffic lights
- Keep a safe distance between you and the rider in front of you

- Ride no more than two abreast on quiet roads and only where it is safe to do so
 - Ride single file on all busy roads
 - Ride alert with your head up and eyes up the road
- The group may stop for mechanical problems (if there is a designated sweep who can assist, then the ride can proceed). If a rider wishes to leave the route, tell the Ride Leader.
- Go over the ride course, pointing out any areas of potential danger.

Revised Ride Classifications

Please take a minute to review our revised **Ride Classifications** and **Rider Tips** on the left-hand column of the page. They were updated to make them agree more closely with the classifications used nationally by other bike clubs. They haven't been reviewed since being adopted by CBTC in December 2007.

The gist of the changes is that the **A** ride has gotten upgraded to **Very Fast** with the **B** ride taking over the **Fast** classification. We've now added a new **B-** classification, called **Moderate**.

All three of these classifications expect the riders to be "self-sufficient", that is, capable of riding the route alone if dropped. It also means that these riders should be capable of changing a flat tire and carry a pump (or CO2 cartridges), tire irons, spare tubes, patch kit and tools. They should use a cycling computer and be able to read a cue sheet.

The **C** ride classification has not been changed; it still is called **Intermediate**. However, the C riders are not being asked to be "self-sufficient" since it is expected that they will learn these skills prior to moving up the B- rides.

The **Social S** ride has been made slower than the C ride, since it is paced to the slowest rider now.

The Coastal Bicycle Touring Club CBTC web site: www.cbtc.org

Established on June 29, 1981, the Coastal Bicycle Touring Club (CBTC) consists of approximately 150 cyclists. Our club is the direct result of the first GASBE/BRAG ride in 1980. Our club consists of road touring, hybrid recumbent and tandem cyclists. Our goal is to provide an opportunity for all cyclists to join us and share in our enthusiasm for health, camaraderie, the love of the outdoors and a desire to learn more about ourselves and our sport. We also believe that our bicycle club should be an advocate for the sport in our communities while exhibiting and promoting safe cycling all the time.

CBTC is affiliated with the League of American Bicyclists, Georgia Bikes, Savannah Bicycle Campaign (SBC) and Safe Kids Coalition of Savannah.

CBTC dues pays for weekly e-mail updates, monthly newsletter, Club picnic and the Club Insurance. Please support our club.

Rides & Club Meetings

Club rides are offered every Saturday with varying distances, speeds and locations.

Club meetings are held the first Monday of the each month at Tubby's Restaurant in Thunderbolt. Dinner at 6:15 P.M. and meeting at 7:00.

AREA RIDES OF INTEREST



The 4th annual "**Between Two Rivers Bike Ride**" in Sylvania, GA will be on Oct 4th. This is one of the favorite long rides for CBTC Centurions for its unbeatable vehicle support and outgoing Rest-Stops. These rides are to support United Way of Screven County and features scenic rural routes of 12, 30, 62, or 100 miles. The route will take you on a tour of history – hear a cannon go off at the site of the Revolutionary War Battle of Brier Creek, beautiful hill and dale countryside, scenic old towns, and more. The event gets started with 7:30 a.m. Breakfast & Registration at First

Baptist Church (214 S. Main Street, Sylvania, GA 30467); rides start at 8:30 a.m. Go to this website for more details and for registration:

<http://www.screvencounty.com/m/events/view/4th-Between-Two-Rivers-Bike-Ride>

"Ride a Century to Celebrate a Century"
Come Ride With Us to Celebrate Evans County's 100th Anniversary.

1914-2014

<http://www.bikeride.com/events/10030-cruisin-in-the-country>

<http://www.active.com/claxton-ga/cycling/races/19th-annual-cruisin-in-the-country-2014>



Century Bike Race in Valdosta GA

Literacy Volunteer Program Century Bike Race – [LINK](#)

Will have a 23-mile race, 66-mile race, and a 100-mile race.

All Races Begin at 8:00 a.m.

WHEN: November 8, 2014

WHERE: [Clyattville Park, GA](#)

All events begin and end at Clyattville Community Park:

1 mile south of Wild Adventures, 4377 Old Clyattville Rd.

COST: \$25.00 entry fee per person.

BONUS: There will be a Kids FUN ZONE available!!

Online Registration:

<http://literacyvolunteerprogram.org/events-2/race-for-literacy/>

Race Day Registration Begins at 7:00am

Be sure to visit these shops. Take a look at the new bikes or just stop by to say hello. They'll be glad to see you. CBTC members get a 10% discount on parts and accessories (sorry, not on bicycles or repairs!). Check 'em out.

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Register Your Bike

Take the time to register your bicycle with SCMPD. Go to scmpd.org/bicycle. Download the form, fill it out and either email it back or to take it to your local precinct.

Also, don't forget to always lock your bike, including the front wheel when leaving it in a public place.